

路德會呂祥光中學三十五周年學生文集

細聽花開



Where Flowers Bloom

Lui Cheung Kwong Lutheran College
35th Anniversary
Literary Collections



《細聽花開》 Where Flowers Bloom

路德會呂祥光中學三十五周年學生文集

Lui Cheung Kwong Lutheran College 35th Anniversary Literary Collections

督 印 人 蕭興銳校長

編 輯 方翠儀副校長、陳貞信老師、張翠珊老師、嚴素娟老師

設計及承印 Inspiration Design Studio

出 版 路德會呂祥光中學

屯門安定邨

www.lck.edu.hk

出 版 日 期 2017 年 3 月

鳴 謝 鄧永傑先生拍攝



路德會呂祥光中學三十五周年學生文集

細聽花開



Where Flowers Bloom

Lui Cheung Kwong Lutheran College
35th Anniversary
Literary Collections



Table of Contents

目錄



中文優秀作品

2012-13 年

01 假如我是太陽	1 A 伍鐘慧	p.6
02 假如我是大地	1 B 吳海盈	p.8
03 回家路上	4 B 郭宇曼	p.9
04 和光明牽手	4 B 戴麗芳	p.10
05 憶童年——白蘭花香貼紙簿	5 B 馬婉程	p.11
06 梅花與玫瑰花	6 B 洪恩瑜	p.12

2013-14 年

07 和你一起的日子	1 A 吳鎧彤	p.14
08 熱鬧的年宵市場	2 A 梁詠喬	p.15
09 精彩的畫面	2 B 黃慧嘉	p.17
10 中秋月夜	3 A 唐曉彤	p.18
11 屯門公園風光	4 E 鄧芷瑩	p.19
12 假如我是一雙鞋子	5 A 李舒琪	p.21
13 抉擇	5 E 舒曉晴	p.24

2014-15 年

14 將心比心	1 C 胡梓樂	p.28
15 善惡有報	1 C 溫詠德	p.30
16 一個善良的服務員	2 A 楊天民	p.32
17 甜蜜與苦澀	4 A 陳餘康	p.33
18 以宗教抗拒	4 A 梁少芳	p.34
19 一場家庭風波	5 E 阮正豪	p.36
20 沙子與珍珠	6 E 鄺景文	p.38

2015-16 年

21 五十年後的世界	1 A 黃樂婷	p.42
22 一張舊照片	1 B 曾卓賢	p.44
23 我居住的地區	2 B 唐澤銘	p.46
24 重新振作	2 B 林海旭	p.48
25 有趣的橡筋繩	3 B 馮懿琪	p.49
26 沒帶手提電話的一天	4 E 梁寶琳	p.50
27 獨學而無友，則孤陋而寡聞	5 E 侯宗佑	p.52
28 我在圍棋之中找到快樂	5 E 黎易尚	p.54

2016-17 年

29 聰明笨伯	1 B 張嘉兒	p.58
30 聰明笨伯	1 D 劉樂童	p.59
31 甜蜜與苦澀	4 E 何宇飛	p.61
32 甜蜜與苦澀	4 E 伍嘉晴	p.63
33 學習與分數	5 E 陳穎晞	p.65
34 以己之心，度人之腹	6 A 郭宇揚	p.67
35 不應該逃避	6 E 黎易尚	p.69

English Masterpieces

Year 2012-13

01	An idol from a slum	3A Helen Yau Hiu Lam	p.72
02	Should schools keep mobile phones for students?	3C Angela Hui Ching Man	p.73
03	Should we have more P.E. lessons?	3D Kimi Chan Shuk Wai	p.74
04	Hard work? Not the key to success in the workplace	5B Ip Cheuk Hei	p.76
05	Kill stress ASAP	5B Connie Ng Kwan Yi	p.77
06	A cooking competition	6E Narcisse Cheng Tsz Chun	p.78
07	Share my job experience as an assistant tour guide	6E Tony Chien Chun Yin	p.80

Year 2013-14

08	One day trip in Hong Kong with Paula	1C Angelica Cheung Hoi Ching	p.82
09	One day trip in Hong Kong with Paula	1C Sherman Chu Man Sum	p.84
10	Let's stop bullying	2D Tracy Chan Pak Ue	p.86
11	Homeschooling issue	3A Maggie Leung Mei Ki	p.87
12	A war against depression	4A Alan Chan Yun Ching	p.88
13	A letter of advice	5D Finnie Law Pui Yan	p.89
14	The influences of modern music	6A Jeannie Wong Sze Wai	p.90

Year 2014-15

15	Let's be environmentally friendly!	3A Candy Poon Hiu Ching	p.94
16	Keeping animals in zoos	3A Cherry Chan Wing Hei	p.96
17	Help Nepal earthquake	3A Chloe Kwan Hui Lam	p.98
18	Cookathon of love	3A Joan Ng Chung Wai	p.100
19	Overprotective parents – like or dislike?	3A Kylie Fok Hei Tung	p.101
20	Matilda – My 'fun-reading' experience	3B Shelly Wong Lai Ping	p.102
21	My dream job	6E Olivia Chan Yee Shan	p.103

Year 2015-16

22	A day out with our G.E.O.	1C Lucy Ng Mei Mei	p.106
23	International Save the Earth Week	3C Janice Yeung Hoi Lam	p.107
24	Adjust mindset to encounter my debut	5A Peter Chan Yu Hong	p.108
25	Best show ever!	5A Kristy Poon Ka Ki	p.109
26	Are online activities good or bad for us?	5B Ethan Lam Chun Kit	p.111
27	A green canteen	5E Jessica Chu Cheuk Kar	p.113
28	The 'cyber-effect'	5E Stella Chan Pui Man	p.115

Year 2016-17

29	So many perks in the wallflower being!	4E Denissa Leila Modin	p.118
30	When the burden of expectations is too much to bear	5A Carmen Li Yin Ting	p.120
31	Food donation network must be expanded	5A Terence Kwok Tang Mo	p.121
32	We need babies!	5E Ivy Poon Hiu Tung	p.122
33	A letter to the editor	5E Austin Ho Tsz Hin	p.124
34	There is now more political awareness	6E Crystal Fung Tsz Kwan	p.126
35	Organ donation	6E Christine Leung Ching Yan	p.128

序言

蕭興銳校長



每年三四月春暖之際，校園球場門前兩棵宮粉羊蹄甲，爭相吐艷，美不勝收。每逢早會集隊，兩樹與一眾師生互為映襯，仿如一幅絢麗的圖畫，讓人賞心悅目。花開之美，令人想到育才更美，老師儼如園丁，默默耕耘，春風化雨，眼見學生茁壯成長，心情之美，遠勝門前兩樹。

際此學校卅五感恩年，欣見老師結集同學之中、英文作品各卅五篇，命名為《細聽花開》。細讀同學作品，既有抒情寄意，亦有記述逸事，雖非大師之作，然文中載情，都是同學經老師悉心指導後用心創作的佳品，猶如朵朵絢爛的花兒，盛放光彩，饒有意義。

繁花盛放固然美，卅五周年恩典亦常惦記，然而最美的必然是看見莘莘學子的成長，儼如花苞綻放，亮麗異彩。細讀《細聽花開》，靜聽同學心聲，令人心曠神怡；對父母師長而言，眼見同學表現成熟優秀，更是彼等最大的滿足。

我衷心希望同學在卅五感恩年，常存感恩，透過文字，抒情達意，使人間有情，又按神所賜各人獨特的才能，各顯特色，盛放繁花，讓我眾細聽，樂也融融。



中文優秀作品

2012-2013年

01

假如我是太陽

1A 伍鐘慧





假如你是小草，
我會為你送上陽光，
讓你能夠健康地成長。

假如你是小鳥，
我會為你提高溫暖，
使你能夠度過嚴寒的冬天。

倘若你是我的乖孩子，
我會給你送上無限的暖意，
讓它包圍著你，
使你感受到我深深的愛。
這就是我的心願。

02

假如我是大地

1B 吳海盈



假如你是動物，
我會給予你陽光、空氣、食物。
還會給予你生活所需，
使你茁壯成長。

假如你是花朵，
我會給你送上水、養分。
讓你變得燦爛美麗，
讓人們都來到你跟前，欣賞你。

假如你是樹木，
我會送你源源不絕的流水。
還會送你健康，
使你變得翠綠。

瞧，這就是大地，
大地讓一切的事物都得到益處。
還悄悄地保護一切，
溫柔地守護我們，
使我們變得安穩。



03 回家路上

4B 郭宇曼



回家的路，不知不覺已經走了十幾年。家，永遠是那個家；路，永遠是那條路，我愛的，永遠是我的家，我的家人，我的回家的路。

春風緩緩拂過大地，四歲的我，在回家路上蹦蹦跳跳，牽著媽媽的手，禁不住地興奮。路旁碧綠的草地如毯一樣綠氈鋪地，上面星星點點綴著可愛的小黃花。矮牆上一朵朵盛開的牽牛花爬在綠藤中，一朵牽著一根綠枝，家人似地互相牽引著。

年少的我最高興的事就是回家，回家看動畫片和吃零食，這是童年時我最嚮往的事。牽上媽媽的手，三步趕二步地回家「享受」。那時候對我來說，走在回家的路，就是通往幸福大道。

仲夏的下午到處都充滿蟬叫的美聲，為這炎熱的夏天伴隨著。我們幾個小學生走在回家的路上，一邊打鬧著大聲嚷嚷，幾隻黃鸝鳥在矮牆上吱吱喳喳地唱著，想來也是和我們一樣，嚷著想要回家吃飯。微微一陣風飄過，綠氈沙沙響起。路邊的柳絮隨著微風你追我趕，茸茸的白毛伴著輕輕的風，稍稍一躍，騰空而起，飛舞著，蕩漾著，在空中不倦地飛旋，只為尋找一處可容

落地的家。我們的心情總是興奮的，期待著回家，期待著品嚐媽媽的手藝，「小鳥在前面帶路，風兒吹向我們」，我們伴著白雲，唱著哼著攜手回家。

秋色的風景總是美得讓人讚嘆，一個小院子的高牆內披拂在外的金薔薇，像是一條金色的瀑布，一條在陽光外流淌著的瀑布。矮牆上的牽牛花的犧牲為高牆上的金薔薇帶來注目，金色的小花密密麻麻地擠滿枝頭，掩住翡翠般的綠葉，展現卓越的風姿。我坐在路邊的長椅上，金薔薇就像陽光一樣墜落大地，也像高中繁忙的作業，多得重得令人煩悶。學業的沉重壓得令我透不過氣，此刻我無處可去，看著花壇上的蝸牛一步一步爬到另一邊，嗖地一聲把頭縮回殼中。是啊！蝸牛有家，我也有家，蝸牛無論遇到甚麼危險，都有家可以阻擋，無論我有甚麼傷心難過，家永遠是我的避難所。我邁開雙腳，朝著金色大道，走向我的家。

回家的路，無論走了多少年，我最期待回家的那剎那。無論世間如何變化，我依然最高興回家。「一間茅屋何所值？」值！那裏有我愛的家人，我愛的溫暖，和我愛的——那條回家的路。

04 和光明牽手

4B 戴麗芳



我叫格陵，生長在這個晝夜交替的世界裏。我深愛故鄉的一切，除了黑暗。世界有了黑暗，才有黑暗隱藏下的醜陋、卑微和一切的蠅營狗苟。所以，我願意用我餘下的日子牽着光明的手，永遠不准她離開。

是的，光明，我想緊緊牽住你的手，永遠不放開。一切華麗的言語在你的面前都顯得如此可笑和無力。我只望有一天，你可以長駐人間，哪怕要用生命交換，我也甘之如飴。光明啊，你可曾聽到我的低語？

我每天不停地練習長跑。相信，這是我與生俱來的使命。我要帶給人類永遠的光明和幸福。

終於有一天，我踏上了征途，我向着太陽升起的方向，開始奔跑。我踏過一座座山，跨過一條條河，我聽到風在耳邊呼嘯而過，看到兩旁的景物不停地後退。耀眼的光灑遍全身，一直照徹心底，驅走一切恐懼和遲疑。

燦爛奪目的曙光就在眼前，如此神聖而不可逼視。這裏甚至沒有影子，沒有黑暗藏身之處的天堂，這不正是我夢寐以求的嗎？

永恆的光明，我就快牽到你的手了！我伸出顫抖的雙手準備擁抱我的夢想。然而，我始終未能到達，我的身體不受控制地倒下去。後來，我再也沒能站起來。

最終，我與光明失之交臂。

而有一種追求光明的小昆蟲，它叫蛾。它總是奮不顧身地沖進火裏，讓自己的生命在瞬間燃燒。人們因此嘲笑它的愚蠢，但我明白，它和我一樣，是想緊緊牽着光明的手。哪怕是一瞬間，哪怕因此會丟了性命。或者，它比我更加執着和堅定，所以它才能在死亡的前一刻與光明如此親近。而我，卻始終與她有一段再也跨不過的距離。

光明啊，你可曾聽到我的低語？我想牽着你的手，讓你驅走我心中一切黑暗；我想牽着你的手，讓你驅走世界上一切的醜陋和悲傷；我想牽着你的手，讓你給我們帶來一個沒有陰暗的天堂！

05

憶童年——白蘭花香貼紙簿

5B 馬婉程



我輕輕走到麻麻的墳前，手裏拿著麻麻生前最愛的白蘭花。我從手袋裏拿出粉紅色的簿，對著麻麻的墳微笑著說：「你還記得這本貼紙簿嗎？」白蘭花在水盤中旋轉，並散發出陣陣的幽香，朦朧的記憶也開始變得清晰。

站在寵物店前，紮著兩條辮子，穿著幼稚園湖水藍色校服的我瞪著圓滾滾的眼睛，嘟著可愛的小嘴，嚷著媽媽要買一隻倉鼠，媽媽狠心地拒絕我的要求。麻麻看著氣鼓鼓的我走進房間，詢問了媽媽一下，便出門去了。

第二天，書桌多了一本粉紅色，封面上印上了兩隻《哈姆太郎》中的倉鼠，內裏是一張張黃色滑溜溜的貼頁。看見這本貼紙簿時，我的雙眼快要掉下，小心翼翼地拿起，生怕弄壞。驀地，一股清新的香氣從簿中慢慢滲出來，溜進我的鼻腔裏。我驚訝了一下，便抱著貼紙簿衝到爸爸前，大叫著：「這是麻麻送給我的！」，再衝到媽媽面前向她宣示主權：「這是麻麻送給我的！哼！」便頭也不回，跑到陽台。我緩緩地走到麻麻的身邊，拖著她那滿佈皺紋，但仍充滿溫暖的大手，麻麻好像已聽到我大吵大嚷，只是輕輕微笑著說：「喜歡就好！喜歡就好！」我不斷拉扯她的衣服，做出要她彎下身的手勢。趁著麻麻彎下身，我墊起雙腳，然後在麻麻的臉上留下一個深深的吻。然後，每天麻麻都來接我，一起購買貼紙，有吉蒂貓，有叮噹，還有我最愛的哈姆太郎。

直到小學三年級，貼紙簿已經被貼滿了一半，而我總是帶著它四處向別人介紹它的來歷，令心裏填滿了滿

足感。但直到一天，有位插班生來了。她是一位小公主，有長長的頭髮，有雙大大的眼睛，有高高的鼻子，校服永遠是熨得筆直，每天都有私家車來接送。她成為了我的鄰座同學。小息時，我把珍貴的貼紙簿給她看，她只是微微一笑，從她的米妮書包中拿出了一本簿，說：「這是爸爸在日本公幹時買給我的。」這是一本天藍色，印有玉桂狗圖案，還有寶石在閃閃發亮的貼紙簿。翻開每一頁都有公仔印在頁面上，她向我解釋每一款貼紙的由來，有來自日本，有來自韓國，還有來自美國的。我低頭看著自己手上的貼紙簿，內裏的貼紙都是從特賣場買回來的，只好偷偷把它收起。回到家，我把貼紙簿放在房間紙皮箱內，再也沒有拿過出來了，麻麻看到我這樣的動作，只是默默地走向客廳，而白蘭花的香氣亦開始變淡了。

前天，由於移民的關係，我回到舊屋收拾，在紙板箱裏找到當年收起的貼紙簿，我把它拿回家裏，從抽屜裏拿出多年周遊列國所收集的貼紙，細心地一張一張貼上。每翻一頁，都總會記起與麻麻的記憶，眼淚在臉上劃上了一條痕跡，房間亦在不知不覺間滲滿了白蘭花獨特的香味。

「原來有些東西即使藏起來，以為已經忘記了，但當再找回的時候才發覺沒有忘記，而是在心中。記憶不能被遺忘，只是暫時記不起。」我站起來向著門口方向走去。白蘭花一直在旋轉，沒有休止，微風翻開貼滿了貼紙簿，夕陽把我的影子無限拉長。

06

梅花與玫瑰花

6B 洪恩瑜



天色明媚，初春吹來的風彷彿如母親溫暖而柔軟的手，溫柔地撫摸著花園內含苞待放的梅花。細看花園的每一個角落，發現生於冬春的梅花亦堅毅地抵受氣候的侵襲；而生於春夏的新到玫瑰花，早已放在屋內的花瓶中，率先以誘媚的姿態示人。

「喂，梅花們！」一群玫瑰花隔著空氣欲挑釁梅花：「你們真笨！哪有花像你們一樣獨自生於寒冷的冬天裡？你們啊，可真的要繼續那一套最愚蠢的堅毅精神？看看你們現在哆嗦得多難看，當心一不小心就跌了下來啊！哈哈哈哈……」玫瑰語中帶刺，不斷嘲笑梅花。「看看我們多聰明，天氣回暖再展露出來，而且顏色更鮮艷，姿態婀娜，動人美麗，不像你們一樣顫抖著呢！」說罷，輕鬆搖曳那風騷的動人身軀，散發出誘人的香味，藉著迷人的鮮明色彩，吸引著群花的青睞，吸引他們從花苞之中露出頭來。

梅花凝神注目，緊閉雙唇，默默地望著那花枝招展的玫瑰花，露出溫柔、大方的眼神，然後瀟灑地轉個身去，彷彿若無其事，回復最初那文靜的模樣，將目光投至遠處。春風無心地吹向梅花，經過純粹寒風刺骨的冬天後，梅花仍堅持屹立在枝上；縱使脆弱得連身體也輕晃著，他們也努力面對風、氣候的襲擊。此時小鳥飛近梅花，似是憐憫著那堅毅的梅花，更似是被梅花的散發出淡淡花香吸引著，在梅花旁徘徊了好一陣子。「唉，梅花啊梅花，你全身那枯燥簡樸的顏色真不合時，我就不一樣呢！你學學我吧……」玫瑰自信地賣弄姿態，繼續挖苦梅花，梅花卻沒有理會，反而

對自己的膚色滿意地微笑，繼續將目光投至遠處。

時間猶如山間的急流一樣，匆匆流逝。細看玫瑰的形態，真可說是「朝如青絲暮成雪」。她在早上，顏色奪目，令人讚嘆不已；身材誘人，令人不捨得移離目光，散發的香味，宛如可攝魄迷人的香水般，惹得眾人的垂青。然而黑幕降臨之時，玫瑰的膚色變得暗啞，像一道凝固了的血跡一樣，令人忌諱厭倦；葉子開始下垂，花瓣上的花紋變得明顯，龍鍾之態逐漸呈現，惹人的香味大大減半，移近鼻子，才嗅到一絲花香。看著梅花，仍然如最初般，昂首挺胸，撐著那像豆腐般的身體，默默地憑高眺遠，靜靜地落在地上。

世上有兩種人，一種是世俗人，另一種是脫俗的人。在社會上，不論在職場抑或校園裡，都能經常看見這些世俗人。他們與玫瑰花一樣，帶著自己的外貌優點，自信滿滿地惹人注視，積極地取得別人的認同，更透過帶刺的說話中傷他人，傷害別人。然而那種脫俗的人，就似梅花一樣，對閒話置之不理，即使處於逆境，或受到他們批評，都會堅強面對，而且不會隨波逐流。他們不會人云亦云，像君子般脫俗高雅，孤芳自賞，目光遠大。

正當群花凋零落葉之時，小別的梅花在寒處重生，無聲無色，悄悄地正直地立在枝上；靜靜地出現在人前，堅強地獨留在世上，過著與世無爭的平靜生活。



中文優秀作品

2013-2014年

07 和你一起的日子

1A 吳鑑彤



四個月前，我只是一名普通的小學生；現在，我已經是一名中學生。小學六年的生涯裏，有許多與朋友相處的歡樂時光。而和我最友好的，莫過於潔玲了。潔玲是我的知己。雖我們只認識六年，可是我和她之間的友誼，卻像海洋一樣深。為甚麼？因為她是我的天使，一直幫助、扶持我。

潔玲是一個鋤強扶弱的人。記得有一次，我在操場上奔跑時，不小心撞到一名兇巴巴的高年級男生，我不斷跟他道歉，可是他像帶上了耳塞似的，完全聽不到。他猛地把我把推倒。幸好潔玲剛好經過，她不但沒有隔岸觀火，反而扶危濟困，立即替我找老師，又扶我到醫療室療傷。事後，我問潔玲：「難道你不怕那男生向你報復嗎？」她說那時候自己十分害怕，可是我是她的知己，視我如己身，故有事受傷，絕不會臨陣退縮，她願意為了我兩肋插刀、赴湯蹈火。她認真訴說的表情，不像在開玩笑，我心受感動，她對我來說不僅是知己，更是好姊妹。

潔玲是一個聰明的女生，考試不是一百分便是九十九分，從不例外。有一次，我因為成績稍差而要補課，她沒有取笑我的無

能，還主動幫助我。縱使她會失去了跟寵物玩耍和溫習的時間，她仍然自薦替我補習不同的科目，老師安心的把我「交」給她了。數學是最沒有興趣，而且最討厭的科目，補課時我興致缺缺對潔玲說：「算吧，我的數學那麼差，怎樣補練也不會有成果。」她仍不放棄地鼓勵我，還引用了一句古諺：「只要功夫深，鐵杵磨成針。」一言驚醒夢中人，我開始勤奮練數，做不同的練習本。我的數學成績因此像火箭一樣，朝着目標衝刺。

現在，我們升讀了不同中學，課業及學習進度有差距，也缺乏溝通聯絡，可是我在心中對她說：「我十分掛念你，你掛念我嗎？我在中學很好，你呢……」上數學課時，我常常把視線投向鄰校，想看看有沒有潔玲的身影。要不是有潔玲的一番話，現在我可能對數學一竅不通，成績必定「沒有起色」呢！

潔玲教會我堅持學習，假如我當時更努力讀書，我就可與潔玲升讀同一所中學！後悔已不能改變事實，且古語有云：「天下無不散之筵席」，只要我們朝著各自的目標努力即可，我也深信我們的情誼會像流水一樣涓涓不絕。

中文優秀作品 2013-2014

08 熱鬧的年宵市場

2A 梁詠喬





每逢農曆新年，我必定會和家人到家裏附近的年宵市場逛逛，感受中國傳統新年的氣氛。

吃過團年飯，我便和家人漫步到年宵市場。我們在途中經過一條單車小徑，旁邊有一輛滿佈棉花糖的小車。這輛棉花糖小車不常出現，車上的伯伯像一只鶴，嘴巴長長的。他把已經做好的棉花糖插在車上，坐在一旁。

轉角便進入年宵市場，就看到很多攤檔，有賣小食的，有賣花的，有賣氣球的……令人目不暇給。我們先逛最左邊的檔子，踏上這洋溢著中國傳統氣氛的旅程。

首先是一攤攤的花檔，一陣陣的花香味撲鼻而來，令人陶醉。檔內有桃花、蘭花、牡丹……我最喜歡桃花，粉紅色的花瓣彷彿在和我打招呼。象徵愛情的桃花所散發的香氣，弄得我如癡如醉，彷彿聽不到耳邊的聲音。

「十元一串！十元一串！」我轉過頭來，發現已經走到小食區了。眼前的冰糖葫蘆被人揮來揮去，賣冰糖葫蘆的一個伯伯，在皺皺的臉皮下掛著一個大大的笑容。他手上拿著一把掃把，掃把插著一枝枝的冰糖葫蘆。那老

伯的叫賣聲已有點吵啞，但他仍在不斷地呼叫著。

沿著人群中走著，在擁擠的人群中，連針也插不下。我該走嗎？看著那些千奇百怪的汽球，童年的回憶也慢慢浮現。我選了其中一個黃色的，便綁在妹妹的手上。妹妹咯咯的笑聲，把我帶到眼前的金魚檔。

眼前有一個個中型的充氣泳池。走近一看，原來裏面有很多金魚，有橙色的，有金黃色的，有黑色的……我和家人一併坐在旁邊，買了幾個用紙造的網子。大家都把網子放進水裏，追逐著魚兒。「差一點點就抓到了！真是！」爸爸突然大聲地說。我低頭看看自己手上快要破掉的網子，就開始追著魚兒。但不過一會兒，快要抓到它的時候，網子居然破了。魚兒逃走的時候也不忘嘲笑了我一下。

當我們走的時候，當初最多人圍觀的花檔甚至變得人山人海了，那些賣小食的小販也愈來愈多，在小徑旁邊的車子上的棉花糖，也在月光下變得更甜。

看著背後依然熱鬧的年宵市場，我嘆了一口氣，不知道這些回憶，何時能再重現了。

09

精彩的畫面

2B 黃慧嘉



二零一三年六月發生了一件事，那畫面到現在，我也記憶猶新，甚至啟發我，令我有一個改變。

二零一三年六月二十一日，我在電視裏看到一則新聞，新聞發生在昨天上午十時零四分。距離地球三百多公里的天宮一號裏，中國女航天員王亞平開始了一個迄今為止人類歷史上第二次太空講課。大約三百多名的中小學生，聆聽來自太空的課程，全國六千多萬的學生也在同步收看。

令我印象最深的一課是「水球演示」。太空中，王亞平拿着一個空心的圓圈，把它放在水裏，形成了一個水膜，然後王亞平便在水膜上加水。加水後，水膜不但沒有掉下來，還不斷膨脹，王亞平持續為水膜加水，直到將袋中的水加完。這時水膜已不再是水膜了，由於不斷地加水，它已由水膜變成了水球。這是多麼的神奇啊！在地球上收看這一課的學生，都大力地鼓掌、歡呼。我想他們心中一定想：這真是太奇妙，太神奇了！這實驗在地球上根本不可能做到。地球上連水膜也形成不了，更何況是形成水球！真是太精彩了！學生都因這次授課，被激發出他們的「科學夢」。

這一則新聞，這一幕畫面，深深震撼了我，雖然我沒有像那些學生一樣收看直播，但他們的心情我十分了解，因為我的心情如他們一樣激動，他們的神情也告訴了我，他們被震撼了。我心道：只有在太空的失重狀態下，才能使液體表面形成張力，製造這麼完美的水球，甚至能看見自己的倒影，就如一面鏡子。一名授課專家曾說：「這次授課『像一個太空魔術師，對所有公眾都有啟迪作用。』」這銀河上的創舉，造就了日後許多傳奇的科學家，為人類作出偉大的貢獻。

這一則新聞，這一幕畫面，這一個實驗，展示了天地間的神奇，不但在孩子們心中播下了「熱愛科學、探索未知」的種子，也令我對科學、太空產生了極大的興趣和好奇，讓我對銀河系有極大的求知慾望，這也使我知道，人類是多麼的渺小脆弱，宇宙是多麼的寬闊偉大！人類可能只不過是宇宙的一顆塵粒。這一幕畫面，這刻感受，深深刻印在我的心中，只因王亞平所做的實驗，是多麼精彩，啟人深思！

10 中秋月夜

3A 唐曉彤



皎潔的月亮高高地掛在天上，又圓又亮，今天正是中秋的月夜，而我就孤獨地在公園中，看著那人山人海的人群，有的是一班朋友，有的是一對對情侶，有的是一個個家庭……

我慢慢地走著，看見一個幸福、快樂的家庭，當中有爸爸，媽媽和他們的女兒，兩名父母都帶著喜悅的心情和寵溺的目光望向他們那可愛的女兒，小女兒挾著燈籠，一臉興奮。我心裏不禁難過，自己的家人全都去了不同的地方，父母因為有工作而在外國，哥哥們就因為學業的關係，全部都到了台灣、美國，加拿大等地方讀書，再想到小時候，我們全家都會在中秋月夜到公園一起賞月，一起玩燈籠，一起吃月餅……再看到眼前那家幸福的家庭，我的眼淚慢慢地從眼裏流了出來，小時候那溫馨的情景猶如記憶景象般湧了出來。

我一邊哭泣一邊離開那家幸福的家庭，走到公園中央猜燈謎的地方，看著那一堆又一堆的小朋友正圍在燈謎下，努力地想出那正確的答案時，剛才已經停止了的眼淚又再次無法控制地湧了出來。以前，我和哥哥們會互相比賽，看誰猜的燈謎較多，而爸爸媽媽就擔任評判……那種快樂

的時光過得特別快。可惜我的家人全都在遙遠的外地。

所謂「人有悲歡離合，月有陰晴圓缺，此事古難全。但願人長久，千里共嬋娟。」雖然我和家人身處在不同的地方，但至少我們還平安地活著，彼此欣賞，看著美好的月亮。

11

屯門公園風光

4E 鄧芷瑩





我搬到屯門的時候，還是無憂無慮的三歲兒童。每天幼稚園放學後，母親總會帶我到家旁的屯門公園散步遊玩。

從我家到屯門公園不過是短短十五分鐘的路程。沿著屯門泳池旁的小徑漫步，就會來到新建的寵物公園。每次經過這裏，總會聽見主人和寵物遊玩的嬉笑聲，在綠油油的草地襯托下，形成一幅溫馨的畫作。一步步沿著小徑走，流水連綿不斷的談話聲傳進我的耳朵裏，雖然河水混濁，但仍可見一列的小船停泊在河邊，偶然幾條不安分的小魚跳躍出水面，亦可見白鷺成群結隊地棲息在水面上的石頭，梳理他們一身潔白的衣裳。

不知不覺間，印有「屯門公園」四字的石碑宏偉地站立在大門前迎接我們。行人道與單車徑並排著，偶然可感覺到單車在身邊飛馳而過的微風。我們轉入了旁邊的一條小路，兩側被茂密的樹叢包圍著，有如被高大的保鏢保護著。在不遠處，慈祥的老人們動作一致地耍太極，這是他們固定的「健身房」。「健身房」旁有小孩最愛的爬蟲館。那是我兒時最愛的地方，裏面有背著大殼的綠龜、捉迷藏高手變色龍、整天足不出戶的小鱷魚……多不

勝數的昆蟲，令每個遊客大開眼界。

此刻，鋪在我們的腳下是湖旁的小路，引領著我們前進。湖邊有人在餵魚，我忍不住趨前一看，魚兒們一看見我便游近身旁，就像等待母親餵食的寶寶一樣，張大口向我討食。小路沿著湖旁蜿蜒伸向小涼亭，亭內許多老爺爺聚精會神地下棋，亦有很多人在旁「觀戰」。穿過涼亭，便可看見第二個人工湖。許多玩具艇愛好者都會帶著自己的「寶貝」到這兒。經過時，你會看到不同類型、大小的玩具艇在湖面暢行。偶然，一隻冒失的小艇不小心撞到障礙物，小艇的主人便要挽高褲腳，下湖去拯救他的愛船。從高處看下來，清澈碧綠的湖水倒映出地上各人、物的活動情形，構成一幅漂亮至極的圖畫。

屯門公園盤盤的花草樹木，碧綠的湖水都襯托出此時此刻最美的風光。

中文優秀作品 2013-2014

12 假如我是一雙鞋子

5A 李舒琪



誰說鞋子的一生只能風平浪靜地度過？鞋子的命運是否只能靜靜地躺在鞋櫃中，直至「年華老去」呢？

我是一雙鞋子，準確點來說，我是一雙粉紅色的芭蕾舞鞋。鞋端前繫著同色系的蝴蝶形絲帶，設計獨特。我的身價不菲，源於我是出自一位國際知名設計師的手，而我的物料是在意大利採購的。因此，我在找到新的主人前，會留在一家展覽館休息。

我是一雙限量版的舞鞋。在發售前，展覽館的館長邀請我到館裏。從他和職員對話中，好像要舉行一個展覽會，要把我介紹給傳媒認識。這或許是一個好機會讓我展示自己，將我最美麗的一面呈現在傳媒面前。

在清晨時分，一群穿著工作制服的職員小心翼翼地將我放在桌子上。他們溫柔地替我按摩、抹去身上的塵埃，舒服極了！我放輕鬆身體，讓他們伺候著，正如一個高貴的公主般。半頃，他們又將我放在一個透明的箱子裏。雖然整個過程工作人員都十分溫柔，但仍然驚醒了在夢中的我。

睜開眼睛，一個個朦朧的身影映入眼簾，他們悄悄地在交頭接

耳。隨著工作人員將我招進去會場，一些聲音若隱若現地傳送到我耳邊。他們看我的眼神都是一致的，眼神中我能讀到他們的讚嘆和不可思議。

「好美麗的一雙鞋子……」

「不，它是一個有生命的藝術品。」

「它的價格起碼有七位數字……」

看著這些陌生人眼中流露出欣喜、驚訝的神色，我沾沾自喜。這是我成為一雙鞋子的光榮，很感謝賦予我生命的母親，是她讓我明白到身為鞋子亦可以擁有幸福，我為自己的身份而感到自豪。

倏然，一道耀眼的光芒直射入我的瞳孔，下意識地閉上了眼睛。當我睜開眼眸時，已有一群人手上拿著攝影機不停地為我拍攝。靈光一閃，我突然明白到這些人都是來自傳媒界。他們的工作是報道新奇的事物，搶先地報道事件給讀者。

機會來了。是，我展現最純潔無瑕的笑容，仿如一塵不染的蓮花。為了得到更多的關注，我不得不擺出幾個迷人的姿態。無意中月光停留在會場內的一位入場者的鞋



子上。他垂頭喪氣地低下頭，皺了皺眉頭。他雖然心有不甘，卻沒有對我做出惡意的動作。看著他，我的臉上加深了得意的笑容，他的樣子平凡又不起眼，根本不能與我相比。

我是天生的貴族，注定有著每雙鞋子都羨慕的未來。我的一生一定會擁有不平凡的經歷，讓我精彩、難忘。

有關我的報道連續刊登了一星期，有不少富商特意慕名而來，為的是要把我帶回他們家中。幾天後，一位穿著米白色長裙的少女以溫柔的目光看著我，令我的心快要融化掉了。在回家的路上，她始終親切地對我笑著，這種感覺讓我覺得很溫暖。

當我回到家，我很震驚。她的家不是一般的大，而是大得像一座十七世紀的城堡一樣。這棟豪華氣派的府邸落在小區，富麗堂皇的豪華，雕樑畫棟的精美，也有西式線條的典雅，造成了這棟大宅難以言述的高貴和逼人的氣勢。

聽這棟別墅的傭人提起，當天那位少女，是財團的千金小姐，家中非常富有。我能夠在這裏生活，是主人的媽媽送給她的生日禮物。主人自從知道了我的出現，就迷上

了我，誓要得到我作收藏品。主人是一個極愛收藏美麗又獨特的藝術品的人，在她睡房中收藏了極多這些稀奇珍品。

主人每天早上都會把小心翼翼地從收藏櫃裏取出，再仔細專研我一番才不捨地把我放回原處。我一直以為這樣的生活是非常快樂。然而，隨著時間的消逝，我漸漸發覺這根本不是我想過的日子。雖然我住在豪華的別墅，但主人根本未曾穿過我，她只是把我當作她的其中一樣收藏品。

我如籠中鳥一樣，縱使住在豪華的別墅，卻失去了我真正的快樂。這家以錢來堆砌的別墅是我這生的枷鎖。有時候，我真的寧願我的主人是一位平凡的芭蕾舞家，她可以穿著我踏上一個閃耀的舞台，展現出我真正的實力。

如果讓我再選擇，我寧願只是一雙普通的鞋子，也不願意做富貴人家的一件收藏品。

13 抉擇

5E 舒曉晴

窗外一片灰蒙，所有的一切都淹沒在綿綿的薄霧之中。我面對桌上兩張不同學校的文件，久久不語。眼前這兩份文件就是人生兩條不同的路，我正在岔路前徘徊，霧迷淹蓋了兩條路的方向，我只能在路口前看著、躊躇著，然後作出選擇。

一直以來，我都是家中的乖乖女，「戀家」二字怕且是我最好的評價。不論我往前跑多遠，只要回頭，便一定能回到美好的家。我從未想過，沒有父母照顧的生活是怎樣呢？我知道自己像三毛一樣，愛自由地在千山萬水中流浪，但對家的依賴，讓我一直只能窩在那個溫暖的小角落裏，看著一方早已看膩了的小天地。現在，也許是老天故意讓我選擇吧！一次升學，兩所學校。其中一所是家門口那路過了千萬次的高中；另一所便是母親家鄉的一所高校，離我家很遠，去一趟最起碼也要坐三小時飛機。

「丫頭，你要怎麼選？」母親望了一眼桌上的文件，問了一個我想交給選擇的問題。儘管我不止一次向她表示想請她為我選擇，但母親早就說，這一次的決定關係到我日後升學的前景，決定權在我手上，她和父親都不會插手。

面對她的問題，我只能搖搖頭表示不知道。在兩份文件面前，我真的選不下手。我很想義無反顧地選擇遠的那所學校，走出十多年來一直環抱著我：來自父母的庇護，到更遠更大的世界看看。我不介意日後生活在他鄉，在別人的故土上發展我的學業，甚至是未來的專業，因為只有更廣大的空間才有更多更好的機遇。但是，在我渴望外面世界的同時，心底又有一把聲音跟我說：「要冷靜。」溫室培養的花受不住外面的風雨，被圈養慣的寵物早已失去野外求生的能力。同樣，我不確信自己可以堅強而獨立地一個人生活。如果我真選擇了遠的那所學校，父母定不會為了我一個而連帶長輩們一同遷往那地。那時，無論我遇到什麼事，都必須自己面對，想到這，心裡有說不出的擔憂害怕。選我家門口那所學校多好！回家了，就能吃上熱騰騰的飯菜；衣服髒了，交給母親和洗衣機就好；萬一病了，還能享受各種無微不至的照顧和關懷。這樣的生活正是我所習慣的，萬一我選擇了較遠的那所學校，所有的「好生活」都將成為過去式。但是，我真的不甘心放棄這個走出去的好機會！只有我自己知道，看三毛的書，看托爾金的小說時，我是怎樣的被觸動！



兩種想法，兩個選擇不斷在我體內彼此衝撞，就像《魔戒》中的好壞斯密戈一樣。可又有些不同，這一次的抉擇，只有是否留遺憾之分，無關好壞對錯。

母親或者想我一個人安靜思考，她先行離開了。她臨走前只告訴我，我在網上買的小說到了，那本書正是托爾金的《哈比人》。作為托爾金的忠實讀者，這書的內容我早已爛熟，哪怕不曾拜讀過原著。故事就是講戀家的哈比人毅然外出冒險的事。我清楚記得書的封面上有這樣的一句話：「家園已在身後，世界盡在眼前。」多誘人的一句話！滿是新鮮事物的世界，想想就全身興奮到發抖，不是嗎？戀家如此，講究如此的哈比人巴金斯都可以一咬牙，狠心地離開家門，我為甚麼不可以？也許我真的是一株嬌弱的溫室之花，但在風雨中磨煉多了，纖細的花身也會強韌到不可思議。心底裏的確有兩把聲音，然而我想，其中一方已漸漸壯大。

開學已有一段時間，這段日子裏，初次離家的我真的過得很艱難。一個人住，既想哭，也想放棄，但終究是自己選的路，就算是佈滿荊棘，我也必須走下去！從不曾想過，原來沒了依賴

的我也是可以堅強而勇敢，獨立而頑強地生活！溫室的園丁不知道，甚至花兒本身也不知道，看似纖弱的花不是經不起風雨，而是沒經過風雨。其實沾了雨水的花瓣往往會更嬌艷。習慣於父母照顧關愛的我是我，獨自面對一切的我也是我，不過後者是我現在才發現的。我想，這次我沒選錯。

那天的霧早散了，但岔路上的霧還在。我看不清這條路通往何處，但既然選擇了，就沒有不走下去的理由。我相信憑自己的一雙手，及堅毅的意志，必定能撥開迷霧，開拓讓自己翱翔的廣闊世界。





中文優秀作品

2014-2015 年

14 將心比心

1C 胡梓樂





經過今天發生的事情後，我深深知道甚麼叫做「將心比心」了。

早上我跟往常一樣地上學，但乘車時卻坐了一個我不能坐的位置。它像王位一樣，要特殊人物才能坐的，這就是關愛座。

為何我不是孕婦，不是小孩，也不是長者，更不是傷殘人士，卻坐上這個位置？因為我只顧用手機玩遊戲，更忽略身邊的一位老人。

雖然我看著手機上的畫面，其實也能略略地看到陽光射在窗上的人的倒影，我看到一個身影好像在等待別人讓座。雖然不是看得很清楚，但也猜到牠已經很老邁了，可能已有八十多歲。我也感受到旁邊的人紛紛細聲說話，像在討論著我為何可以那麼自私，竟然不讓座給老人？

下車後，有人用特別的目光注視著我，我只好急速地回校。在陽光普照，風和日麗的天氣下，難道不應跟同學打籃球嗎？世事難料，我投球時一不小心跌在地上，弄傷了腳。就是這樣，可憐的我要用拐杖行動了一整天。

放學後，我一拐一拐地回家。我走進車廂時發現沒有座位，而關愛座卻坐了一位面目清麗，跟我差

不多年齡的女生。她健步如飛，跟人通話時，卻語氣粗魯，儀態盡失。就在那時，拖著一隻受傷的腳的我體會到沒有人讓座的難堪感受。

準備睡覺前，我就在床上仰望天花，反思今天的事情。突然想到自己的遭遇與那位老人一樣，大家都是身體有不便的人，坐車時需要座位，但那刻卻只能呆呆地站著，等人讓座。我已經明白甚麼叫做「將心比心」了，如果當初我讓座給老人，他一定會很開心的。不過，我沒有這樣做，老人心裡必會十分難受。我絕對不可以責怪那女生沒有讓座，因為我自己也曾經那樣的麻木不仁！上了一課，以後我一定不會那麼自私的！

我信我自己將來都會懂得「將心比心」的，不會再不體諒別人。

15 善惡有報

1C 溫詠德





常聽人說：「善有善報，惡有惡報。」每聽到這句說話，就讓我想起我的一個好同學——馮允行。此刻，我們坐在咖啡店裡談起自己的童年往事。

當時只有二年級的我們，還記得他的個子矮矮的，有一對大眼睛，還有一個與眾不同的髮型，經常被同學取笑為「飛機頭」。口齒伶俐的他三言兩語就能挽回面子，性格風趣。雖然成績好，但他自私自利，只會顧著自己。我們住的地方非常接近，走幾步路就能相遇，因此我們每天都一起上學。

有一天，我們放學後在籃球場打籃球，他的球技與職業選手不相伯仲，我跟他的技術簡直是天壤之別。他在球場上的球技堪稱完美，與隊友配合得天衣無縫，令在場的所有人對他投以「佩服」的眼神。可惜這一刻就是惡夢的開始。

「咚！咚！咚！」地鐵從遠方慢慢地接近，乘客的眼神猶如章魚的觸管一樣，將地鐵慢慢地吸到車站。「叮噠！」車門終於打開，剛做完運動的我們，當然筋疲力盡，但車廂內卻只有兩個關愛座是空的，加上當時車廂內只有我們兩個站在車廂中間，總感覺有點尷尬，而且還有好幾個站，我們只好坐在關愛座。不久，又到了下一個站，一堆剛下班的年輕人，和一個婆婆進入了車廂。

雖然我已經累得如快要溶化，像冰淇淋一樣倒下，但我為了對得起自己的良心，我只好讓座給一位老婆婆。又到了下一個站，有一位背彎彎的、提著拐杖的老伯伯走進了車廂，但允行居然無動於衷。「隆隆——」車廂突然晃了好幾下，伯伯一不小心跌倒在允行腿上。允行竟然大叫，並將伯伯推開，指責無辜的伯伯。

一班在壓力下工作的上班族看到此情此景，大發雷霆。車廂突然變成了罵局，突然我感到極之無奈，只好先下車回家。晚上我開了「面書」，看到了一段影片超過二千萬瀏覽，片名寫著《一名青少年在地鐵上與上班族吵架》，場面一片怒氣。

「成名」的他當然整間學校也知道他的「好事」。於是，就集體欺凌他。午息到了，一班籃球隊衝到球場，我從課室俯視，看到了他的隊員竟然將小石頭潑在地上，故意令馮允行跌倒。我立刻衝到球場，看到允行痛苦地躺在地上，腳上血流如注。

辦好手續後，允行可以離開醫院，但雙腳被麻布包裹得密密實實。當他乘地鐵回家時，看見眼前有一個座位，但有一位天真可愛的小妹妹獨佔了座位，又對他視若無睹。他回想起當天自己的所作所為，感到慚愧和後悔。「善有善報，惡有惡報」真是至理名言，我們都要多做善事呀。

16 一個善良的服務員

2A 楊天民



我最欣賞的服務員阿姨，她是一家快餐店的清潔工。她穿著一條圍裙，穿著整齊的制服，平時工作很勤快，為人熱情親切。

她的相貌和她的性格完全相反，她看起來總是沒精打采的。她的相貌很普通，跟我們差不多，但並不漂亮。她的黑眼圈總是黑的，像熊貓一樣。不過，難怪她會這樣的，因為我從早上吃早餐直到晚上吃晚餐都看見她在工作。發現她效率很高之後，我便對她另眼相看了。可惜，經理沒看到她認真的一面，總是叫她提起精神。我在想，假如我是經理，當我知道了她的工作認真後，我一定會向她道歉。

今天早上，有位客人把錢包遺漏在桌上，她收拾碗筷時發現了。當時都沒幾個人在場，但她卻沒有把它據為己有，而是交到失物認領處。沒多久，那位客人特地回來向她道謝說：「真是謝謝你啊，要是不見了這些銀行卡，我就麻煩了。為了感謝你，我把一部分現金當獎勵給你。」「不。這是我應做的。」之後她們再談了一會，那客人便走了。其路不拾遺的行為令我感到慚愧。如果是我，可能會把全部現金拿走了。她不貪心，事後也不要回報，她真值得我尊敬。

又有一次，有個乞丐在餐廳裡行乞，餐廳裡的人都無視他，唯有她主動去關心他，並用自己的金錢給他買了一份早餐。雖然她擁有的不多，但卻毫不吝嗇，又主動對有需要的人獻出關懷。假如是我，我應該也是那些旁觀者，無視那名乞丐。她真值得我佩服。

再一次，有個老婆婆摔倒了。很多人刻意避開，視若無睹。那婆婆不能自拔站起來，要人扶他。我無視她的需要，怕別人以為是我推跌婆婆的，而且多一事不如少一事，還是一走了之，連證人也不可做。但當那服務員經過時，她立刻走去把老婆婆給扶起，她那顆善良心，真值得我欣賞。

我除了很欣賞敬畏她，我也對自己的種種行為感到慚愧。她真該做我的老師。

17 甜蜜與苦澀

4A 陳餘康



還記得第一次與他相遇的時候，是在小學的四年級。他自信滿滿地站立在垃圾桶的旁邊，右腳頓步一射，然後便將腳下的汽水罐精準地射到垃圾桶內。他是誰？豈不就是那一個累積進入訓導處次數最高的李向華吧！

目睹他那精彩的「射球」後，我的瞳孔立即放大起來，雙手情不自禁地鼓起掌來。彷彿這一切的肢體動作也不能表達我的震撼，我甚至大聲尖叫：「好球！」向華看到我那誇張的動作後，便將另外一個汽水罐丟到我的腳下，並用輕佻的語氣說道：「小子，你也試試看吧！」「小子？你才是小子，你全家都是小子！」我一邊以語言表達我的不滿，一邊用左腳將汽水勾射到垃圾桶內。在汽水罐即將進入「龍門」的時候，突然一個戴著黑框眼鏡的男人將汽水罐緊緊抓著，然後便大聲怒道：「李向華，陳子健，你們馬上跟我來訓導處！」

「你是怎樣忍受下來的？」我向他搭訕道。在聽完訓導主任滔滔不絕的訓話後，我們在訓導處門口各自罰站立。「我沒有必要答你吧，手下敗將！」他莞爾道。「我是手下敗將？若不是他……」「你們吵夠沒有？」我正打算答辯期間，黑框男突然從室內走出來，再把我們罵個狗血淋頭。在黑框男轉身回到訓導處後，我和他都不約而同地大笑一番……

經過這一次甜蜜而巧合的遭遇後，我們便經常一同玩樂，不但成為了玩伴，更變成好朋友。然而大風起於青萍之末，我們的友誼終究遇上了考驗……

在五年級的時候，我們正式割席而坐，關係完全破裂。「早安啊小子！」「你也是臭小子！」我們互相指罵道。「要不是你這臭小子，我不會被冤枉了。」向華先發制人罵道。「要不是你真的偷了一個錢包，我會這樣說嗎？」我激動地反駁。「我真的沒有！」「一心丟失錢包的那天，我看見你一直在課室鬼鬼祟祟，不知道在做什麼事情，坦白從寬，抗拒從嚴。」「我再重覆一次，我真的沒有！」「從你那惡劣的操作評級便可得知，你一定有！」「我絕對沒有偷過一心的錢包。」向華倔強地堅持著。「哼！」這一聲象徵著友誼的終結。自此以後，無論上課，小息，甚至踢足球的時候，我們都沒有說過一句話……

當然，冷戰必然會有結束的一天，正如中美外交關係也會恢復般。在小學畢業禮的那天，向美在她的背包找到不翼而飛的錢包。知道的那一刻，我的手心冒出冷汗，心中不停自責：「我怎能誤會他呢，還說了那麼過分的話！」我馬上衝到操場，一邊喘氣，一邊對向華說道：「對不起，對不起我誤會你。」「我已經等這一天等了很久。真理永遠站在少數人的一方啊。」向華洋洋得意地言道。我強忍著被他激起的情緒，反問他：「那麼你那天鬼鬼祟祟地在課室幹什麼？」「當然是……打算偷你的錢包吧！」「你這小子！」我一邊哈哈大笑，一邊急追著踢打他。在歡笑聲中，所有苦澀的回憶被送到天涯海角……

看著我倆在照片裡的笑容，我不禁吐出一句：「臭小子。」

18 以宗教抗逆

4A 梁少芳



在現今廿一世紀的社會中，相信很多人有宗教信仰。香港貴為文化大都會，不少宗教教派如回教、道教、佛教，大家都耳熟能詳。無可否認，有宗教信仰的人，因受宗教領袖或宗教聖人發表的勉言影響，遇上逆境時也懂得另尋方法解決。因此，我同意有宗教信仰的人，對抗逆境的能力較高。

首先，有宗教信仰的人容易達成極其艱辛的目標。以唐朝時，受唐太宗下詔往西域取西經的法師唐三藏為例，唐三藏從小出家，是為名副其實的法師，信奉佛教。根據歷史記載，西域之路極之遙遠，途中要經過河西四郡，酒泉，敦煌，張掖和武威，當中不少是不毛之地，亦是妖精藏身之地。唐三藏被眾多妖精視為長生不老的仙丹，更多次身陷險境。在危急關頭，往往只是記念著如來佛祖和口唸觀音心經。雖然，他有三位能力非凡的徒弟伴隨往西域，但始終常人只不過是血肉之軀，當面對逆境時少不免萌生出放棄的念頭。最終，唐三藏藉著對如來佛祖所遵守的承諾，經過多重難關，成功往西域取得大乘佛法真經，普渡眾生。由此看來，憑藉宗教信仰，能夠達成一般人眼中藉以對抗的逆境，比預期中更為成功。



此外，宗教信仰可以改變對抗逆境的價值觀。近年，全球掀起了一陣「林瘋」，是中國體壇上的其中一個萬人迷，他就是華裔籃球明星林書豪，他信奉基督教。相信普遍市民也認為林書豪成為籃球運動員的過程十分順利，沒有遇到任何風波。但事實上，他經過多番努力，飽受挫折，才能成為明星。林書豪在大學時期加入籃球隊，起初半年，他被外國人鄙視，一直把他看作是垃圾，亦很少讓他參加正式比賽，即使有參加，最終也失敗而回。他曾有自殺的念頭，但因相信基督精神中，自殺後靈魂會下地獄，因此取消自殺念頭，令他有勇氣面對困難，變得積極，開朗。由此可見，信教信仰會改變個人一向的價值觀，有助邁向成功。

還有，宗教可以使人對抗逆境的能力提高。以著名藝人鄭秀文為例，她信奉基督教，參加藝人之家的團契。她早年曾患上厭食症，再加上失戀的折磨，身心俱疲，終日在家中哭泣。若情況持續，她可能因而死亡。幸好，藝人之家的團契職員帶領她參加團契，開解她。她以後無論遇上任何挫折，也不會傷害自己的身體。由此看來，有宗教信仰的人有相同信仰的朋友開解負面情緒，互相扶持，共同渡過難關，

總比一個人面對更好，效果也更佳。

也許，有人說有宗教信仰的人也會自殺，自暴自棄。的確，曾出現過以上例子，不過只有很少數。表面上，這些人似乎與宗教信仰有關，但實質上，這些人可能口裡承認相信宗教，是教徒，但心裡卻只信奉自己，若非以宗教信仰的教條來約束，而走上不正確的道路，是不能與宗教掛勾的。

由此可見，宗教信仰是我們信心的基石，倘若遇上逆境時，只有自己獨力支撐，倒不如尋找信仰和遭遇相同的人作依靠、分擔更好。自古到今的人同樣信奉這套理念，可見他們遇上困難不會無所適從，而是依靠宗教精神和力量跨過每個難關，邁向成功的頂峰。逆境並不難面對，只在乎你肯不肯嘗試面對和採取哪種態度。宿命論是那些缺乏意志弱者的藉口，趕快去尋找適合自己的信仰，拋開一向自以為是的態度，或許你對抗逆境時會有另一番體會。

19 一場家庭風波

5E 阮正豪

我看著空無一人的房間，一切又回歸靜謐。無物的抽屜、清空的衣櫥，還有那整齊摺疊的被單，都明白地告訴我，姨姨離開了。

姨姨自幼最疼我，總對我寵愛有加。膝下無兒的她，視我為半個兒子，即使犯錯，她總會不由分說護著我，我跟她的感情一直深厚。姨姨與外婆同住，人家說兒女是父母上一輩的仇人，這輩子是回來討債的，說的，大概就是她倆的關係。不知怎的，姨姨與外婆總是不咬弦，輕則口角，冷靜，重則大動肝火，甚至拿著利器對外婆指嚇一番。正因如此，姨姨六年前離家出走，在外租住了一個單位，從此與外婆各不相干，直到半年前，因樓價漲得要命，才不得不遷回家中，與外婆重新學習相處。

記得半年前的那天，我是多麼的雀躍，多麼的感動，我以為姨姨終於與外婆言歸於好，再次融入這個家了。我以為一切也跟從前一樣沒變，我以為六年的光陰能夠沖走她心中的戾氣，我以為……

接到外婆向我求助的電話，實在太突然，我頓時手足無措，對耳筒另一端傳來的話語感到難

以置信。外婆告訴我，方才她又跟姨姨為些瑣事而發生口角。姨姨一怒之下，到浴室拿起花灑瘋狂亂灑一番，把家中的地板、傢具全潑濕了，還收起所有毛巾不讓傭人擦地。更過分的是，她一度緊掐著外婆的脖子，害她喘不過氣來。外婆在通電中既是氣，又是怕，她叮囑我和母親趕快去營救她。我心感不妙，心中猛然一沉。

在趕往外婆家的途中，媽媽向我透露有意勸姨姨再度搬家。頃刻間，我認為媽媽的想法實在是莫名其妙。既然覆水難收，姨姨浪子回頭，重返這個家，為何要這樣呢？我極力抗議，反對母親的想法，想不到這時候，她卻披露一些令我驚愕的內情。原來姨姨在這半年間，做了很多令人費解的行為；為了懲罰傭人弄亂她的被鋪，竟用力掌摑對方；為了堵住外婆的話，竟粗暴地捂著她的嘴巴；為了與家人賭氣，竟禁止他們在炎夏開空調。媽媽語重心長地對我說：「你的姨姨生病了。」

到達外婆家，大廳是一片狼藉，地板濕漉漉的，到處都是未清理的水灘；本應堆疊整齊的報紙，此時散亂在地，墨水也被化開了。傭人拿著幾塊小布，努力



印乾地上的漬水。我看她邊擦地、邊拭淚，樣子怪可憐的，顯然是受了不少委屈。而這時，外婆正坐在沙發待著，眼神空洞，有一種劫後餘生的感覺。我看著眼前的情景，目瞪口呆，心裡有說不出的震撼與失望。

媽媽走到姨姨房間了解情況，姨姨還是氣鼓鼓地坐在床沿，但的看得出她也深知自己「鬧大」了。良久，媽媽吐出一句：「不如你搬家吧！」這一句意料之內的話頓時把氣氛弄得更僵了。「不如你搬家吧。」傳到我的耳畔是多麼的礙耳。我望著眼前我所珍重的姨姨，心裡是萬般的不捨，腦海中出現千百個念頭，也許姨姨不是故意的、也許姨姨有她的苦衷、也許這次是個別事件、也許姨姨能承諾不會再犯、也許我能負起監督姨姨的責任、也許我們其實也能退一步海闊天空、也許我們理應給姨姨多一次的機會、也許我們也須捍衛這個家。無數的也許，塞滿了我的腦子。曾經，我想過把它們統統說出來，想要改變媽媽的想法，我想要改變那命定的結果。

「向華，你認為我應該搬家嗎？」姨姨的一句提問令毫無預警的我心跳加速，那些嘴邊的話快要從我的嘴裡傾瀉出來。

「嘆嗤。」外婆打了一個噴嚏，使我把剛才的念頭統統吞回肚裡。我回望後方的幾灘水漬，以及冷得發抖的外婆，向姨姨聳肩，表示沒有意見。接著說：「對不起。」

有時候，我們對每個人和事都投入了主觀的感情，總希望重視的人能夠永遠留在我們的身邊。我們順著己意，把不配合的人和事勉強湊在一起，以為合成圓滿兩字就是最好的結局。殊不知這些圓滿只是自己一廂情願的看法，除了自己，其他人根本活得並不快樂。也許相比圓滿和合，適當的距離有時更能化解一切的干戈、怨恨，更能令大家活出各自的幸福。

20 沙子與珍珠

6E 鄭景文





全球人口高達數十億，單單計算中國的人口也有約十三億。在茫茫人海中，平凡人佔了大多數，而與眾不同的人才則十分稀少。

平凡人就如同沙灘上的沙子一樣，能輕易找到，因為他們隨處可見。每一粒沙子的外貌都大同小異，人們不容易區分每一粒沙子。這道理等同於人們縱使在身邊和街上遇見的都是獨一無二的人，但試問誰會記得那些寂寂無名的人，又有誰能在廣闊的世界中再次找出那不顯眼的凡人？若人對社會毫無貢獻，沒有任何價值，工作能輕易被其他人替代的，那人必定是一粒沙子，是一粒容易被其他沙子取代，可有可無的沙子。沙子通常都毫不起眼，因為沙子的數量實在太多了，充滿了整個世界，但沙子卻有襯托珍珠的作用。

珍珠是稀有的，正正因為稀有，所以才有價值。如同黃金一樣，因為是最稀少，所以珍貴。只有稀少才能被人認可，因為稀有是變得有價值的先決條件。珍珠的稀有是基於與沙子的比較，沙子的數量多，所以珍貴的珍珠更形特別，所以顯得更有價值，更能鶴立雞群，更易被眾人發現並受世人注視。紅花雖好，但仍

需綠葉扶持，才顯出美。有才能的人是紅花，是珍珠，是珍貴的。因為他們能對世界作出貢獻，所以才能受到世人談論。又例如牛頓是力學之父，愛因斯坦發表相對論，居里夫人發現放射性物質，魯迅是偉大的中國文學家。他們的才能都與路上每個平凡的路人不同，是突出而又有價值的，所以才能受到別人的認同和肯定。

沙子縱然微小，但它與珍珠兩者的並存是不可或缺的。沙子的數量多，毫不起眼，卻能凸顯出珍珠的存在價值；而沙子本身，亦是神最偉大奇妙的創造。人也是一樣，縱然微小，但也有各自的職份和崗位；再換一個角度想，人只要找到自己最擅長的項目，再全力發展，終有一天在那領域中出類拔萃，有所成就。比起其他盲目前進的人，只要我們找到擅長的領域，就能前進得更快，更容易獲得成就，所以一個人要找到自己的獨特之處才能變得與眾不同，成為沙灘上有價值的珍珠，為世界發出最暖的光。





中文優秀作品

2015-2016 年

21

五十年後的世界

1A 黃樂婷





「你好，歡迎來到路德會呂祥光中學。以下會由我來帶你到處參觀。」一副機械聲音在我耳邊響起。呂祥光中學？這不是我又愛又恨的學校嗎？我穿越了不成？哈！那我就來參觀一下五十年後的學校好了。

學校的校舍沒有甚麼改變的，只是門前和藹可親的校工們變成了一部部毫無感情的機械而已；學生仍舊是三五成群地上學，只是校長和老師們都沒有在門口面帶微笑地迎接同學而已。那迎接我的機械人把我帶到音樂室。

有一班同學正面無表情地上音樂課，音樂室裡鴉雀無聲。音樂課不是最放鬆的課，同學們應該雀躍地高聲歌唱的嗎？怎麼會這樣的？

「音樂室採用了最先進的投影科技，學生能夠更加投入地，更切身地學習；同時，我們也為學生增設了新的桌椅，學生能夠坐在更舒適的椅子，舒緩酸痛。而且，我校增加了一個三百六十度環迴聆聽系統於學生的椅子上。另外，我校的音樂老師是由最新推出的教科系機械人負責的，它擁有著近代人體結構的皮囊，還有超人的智商，也可以全面地維持秩序，這比起人類老師管理，失控的情況明顯地減少。」機械人為我介紹著。天啊！我再一次深深感受到人類無能啊！接下來，它把我帶到課室裡。

我班的大本營何時變得如此先進的？原來硬硬的椅子上加上了一層軟軟的質料，令學生坐得更舒服，除此之外，顏色還可以自由選擇呢！有鮮紅色的，有墨黑色的，也有黃澄澄的椅子。當然不少得我最愛的天藍色啊！本來古板，倔強的壁報板也搖身一變，轉了個新形象，換上了新潮的電子顯示板了。所有社團通知和班會記事都記錄在上，那就不用麻煩同學到處奔走了。由於學校體諒到同學的疲累而增設了休息區，休息區根據男女喜好分成兩部份：一部份是專屬女生的粉紅天地；而另一部份則是男生的絕對領域。最後，機械人帶我到禮堂。

「這裡就是我校宏大壯麗的禮堂，現在你所看到的四面牆是由塑膠樽、玻璃樽、鋁罐和廢紙等回收物料製成的；而我校的投影設備也更上一層樓，可以三百六十度無死角投影；台上有兩部機械人，它們分別是秩序管理員和氣氛控制員，令氣氛炒熱的同時，不會出現秩序失控的場面。」平淡無趣的聲音繼續響起，令我覺得煩躁。

現在，是時候要回去了吧！雖然新中學的科技比以前的學校高出數十倍，但是只是向機械學習，沒有真正開心的時光。真正完美的校園應充滿老師和學生的歡笑聲。你認同嗎？

22

一張舊照片——久違的微笑

1B 曾卓賢





在新年大掃除的時候，我在零食箱下發現了這張泛黃的照片，我看著看著，不禁停下手來，開始回憶……

那時我還不足一歲，和我合影的是我的「奶奶」。雖說是「奶奶」，但其實咱倆並沒有任何血緣關係的，因為我爸的親生母親早在他十歲時過身了，現在的「奶奶」是爸爸的後母。她自小不苟言笑，其佈滿皺紋的臉上，從來沒有出現半絲笑容；加上她曾被前夫狠狠地傷害過，導致她心裡築成了一道無形的城牆，令她不敢再真誠地對人，怕再一次被人傷害。後來，即使她嫁給爺爺，跟我們以家人相稱，但對我們始終仍有一絲保留，所以我幼時她給我的印象總是冷冰冰的。

後來爺爺因癌症病逝，奶奶就更鬱鬱寡歡了。她整天以淚洗臉，連說話聲也變得像乾冰一樣，冷冰冰的。她整天發呆，無所事事，天天在以前和老伴一起生活，充滿回憶的房子裡，令悲傷侵蝕她。若不是爺爺臨終時千叮萬囑要她好好活下去，恐怕她早已了結生命了。

慶幸的是，爺爺生前在教會認識的弟兄姊妹輪流探訪奶奶，並不斷向她傳福音。起初奶奶不為所動，直至半年後，在一次的福音聚會中，奶奶終於信主了！主的愛就像大炮一樣，把她築起多年的城牆

攻破了！奶奶把數十年來的情緒哭出來，多年來對人的不信任一下子解除了。她決志後那天，我們一家一起到姑姑家替奶奶慶祝。在我和奶奶的合照中，我發現奶奶佈滿皺紋的臉上展現出一絲微笑，那不是強行擠出來的微笑，而是我最想看到的，那久違的微笑！

光陰似箭，日月如梭，我也從那幼嫩的嬰孩長成現在英俊的青少年了。這十多年來，奶奶都活得十分好。她就像一個新造的人一樣，認識了很多教會裡的新朋友，只是我近來功課繁忙，已很久沒探望她了……

「胖子！你想偷懶嗎？」爸爸的喊聲把我從回憶中硬生生扯出來，我只好無奈苦笑，放下照片繼續大掃除，並一邊打掃一邊盤算：「今個週末我有空，看來是時候探望奶奶了。」

23 我居住的地區

3B 唐澤銘



屯門，在一些不認識此地的人心中，可能認為這裡只是一個十分普通，平平無奇的市鎮。但居住在這裡的人都知道屯門絕不平凡，除了市區常有的設施外，屯門最特別的還是引人入勝的風貌和它悠長的歷史。

屯門是香港十八區之一，位於新界西部，佔地達十九平方公里。自唐朝以來，一直成為軍事重地。「屯門」二字，即「屯兵之門」，當時有軍隊保護鹽田，因此得名。而屯門位於珠三角一帶，擁有豐富的資源，因此六十年代中期，政府積極推行發展新市鎮，屯門就是其中之一。

另外，屯門也有一些引人入勝的歷史建築，如紅樓、青山寺等。紅樓是孫中山先生策劃革命大業的駐守地，而青山寺更有一個被居民廣泛流傳的傳說。相傳有一位杯渡禪師隻身南下，坐上大木杯渡海，在海邊的小山居住，所以該山稱作杯渡山；山下的寺廟，就是杯渡寺。後來因位置靠近青山，所以後人將杯渡寺改名為青山寺。青山寺內亦有不少特色建築物，如牌樓、山門、大雄寶殿等，如要知道更多廟宇的發展史，青山寺不失為一個參觀學習的好場景。

除了歷史建築外，引人入勝的還有這區的自然風貌。詩人韓愈曾途經屯門，被沿途的風光深深吸



引，特意留下詩句「屯門雖雲高，亦映波濤沒」，寫出屯門海面迎湍急險峻，更在青山山崖寫上「高山等一」四字。另一詩人劉禹錫也寫下了「屯門積日無風颿，滄浪不歸成踏潮，轟如鞞石屹且搖。」由此可見，屯門的自然風景的確讓人歎為觀止。而現代的海岸景色，則有黃金海岸和蝴蝶灣的日落。不少情侶喜歡到蝴蝶灣的海濱長廊吹著微微海風散步，而在黃金海岸一望無際，水天一線的海面上，看着徐徐落下的太陽，光線照射在波光粼粼的水面上，顯得格外耀眼動人，這些浪漫的環景促使蝴蝶灣與黃金海岸成為屯門其中一個約會勝地。

除此之外，屯門也有不少設施。不論是讓人心情放鬆的休憩公園，還是令人盡情購物的大型商場，屯門都應有盡有。休憩設施方面，有屯門市鎮公園，公園內有供人觀賞不同昆蟲動物的爬蟲館，內裡常常充滿了對動物世界感到無比好奇驚嘆的小孩；公園的另一頭有一個小小的湖泊，內有一些優悠地暢泳的錦鯉和海龜；湖旁則有涼亭讓人們閒話家常。公園環境讓人格外放鬆，怎會不是和家人在假日一起去的好去處呢？

而附近的屯門市廣場，貨品種類琳琅滿目，讓人目不暇給，小至不同的玩具配件，大至各樣的家具傢俬，全部一應俱全。你嫌商場的貨品千篇一律，沒有特別之處？龍

門居的夜市定能滿足你要求，十多間小店提供各式小食，如台灣手抓餅、鹽酥雞，或香港特色小食，格仔餅、雞蛋仔等，街上吵吵鬧鬧的叫賣聲和吃得津津有味的顧客，都成了屯門特色的一部分。若想由市中心到龍門居，就能乘搭輕鐵，其路線走遍每一個角落，不但方便，更別具特色。

屯門雖然不是一個很大的地區，卻有着豐富的歷史價值、自然風貌、社區設施等，居民都能在這過上多姿多采的生活，其中更不乏只有在屯門才擁有的特別之處。「麻雀雖小，五臟俱全」，我想這可能是形容屯門區最貼切的一句。最後，作為這區區民，希望屯門能繼續發展，一方面保留特色生態和歷史，一方面又能建造方便市民的現代化設施。

24 重新振作

2B 林海旭



在生活當中，你們有試過失敗嗎？當你失敗後你的感受如何？你會重新振作起來嗎？是誰讓你重新振作起來？

我一直垂着頭，面色十分蒼白。五天前，是舞蹈大賽。為了這個比賽，我每天練習六小時，這段艱辛訓練的日子，我認為是值得的。比賽的日子終於定下來了，那天，我威風凜凜地走入會場。輪到我上場的時候，我以文質彬彬、溫文儒雅的姿態踏上舞台。

我實在太驕傲了，我高估了自己的能力。在跳舞的過程中，我並不像別的參賽者一樣，享受着站在舞台上的感受，而是一直在想：這次比賽的冠軍寶座一定是我的了。就是因為我的一時分心，我在舞台上失手了！「啪」的一聲，我感受到我的腳痛不欲生；然後「碰」的一聲，我整個人跌在地上……此刻，我十分沮喪，台下的觀眾鴉雀無聲，我真的很想找個洞，把自己鑽進去！但我的糗事還沒完，我站不起來了，只能伏在地上，讓別人來幫助我。真是屋漏偏逢連夜雨啊！

一年前，是我第一次的舞蹈比賽，那時我的心情十分緊張，我很害怕自己會失敗，辜負了父母對我的期望。不過那時的我在比賽時全程都在享受舞台的樂趣，心無旁騖，最終我憑藉純熟的舞姿拿下了

冠軍。台下的觀眾立即站起來為我歡呼，有很多親人送我很多形形色色的禮物，有的送花給我，有的立刻擁抱我，有的請我吃大餐……這些讚譽的確讓我很開心，但同時增加了我心裡的包袱。有誰能明白這份重擔？我為了不失敗，付出了雙倍的時間、精力去練習，而今次，我……

我蜷縮在後台，突然，我聽到了腳步聲，看見地上有一個穿著破波鞋的人。我抬頭一看，他的目光和藹，骨架堅實，在柔和的燈光照射下，我看見他嘴角微微一笑，彷彿在告訴我不要放棄。他把我扶起後，對我說：「在生活當中，沒有人會一帆風順的，只有失敗的人才會更加珍惜成功的滋味。」他更說：「對自己要有更高的要求，才可以取得更好的成就，不要因這些小事而放棄一生。」聽完他對我的鼓勵說話後，我的心似被甚麼東西猛地撞了一下，我水汪汪的眼睛忍不住從眼角流下了一滴眼淚……那個為我打氣的人不是別人，正是一直支持和教導我的教練。

他說得對，沒有人做事能一帆風順，永遠都有失敗的時候，只是你能否從中學習，令下次做到最好。就是因為教練的說話，使我從失敗中振作起來。我的傷口康復後，我會努力繼續學習，不會放棄。那你們呢？又是甚麼讓你重新振作起來？

25 有趣的跳橡筋繩子

3B 馮懿淇



站在家裡的陽台往下看，幾個女孩子在樓下花園跳著橡筋繩子，快樂就寫在她們臉上。他們鼻尖上的汗珠閃著太陽的光芒。看著這些可愛的女孩子，我不禁想起兒時跳橡筋繩子的歲月。

作為女孩子，跳橡筋繩子是首選的遊戲項目。據說跳橡筋繩子起源於明末清初，當時是一種民間雜技，至於是誰發明已無從考証。後來跳橡筋繩才慢慢在廣大人群中流行起來。據說在清朝皇室，跳橡筋繩子是當時的後妃子、公主主要的娛樂節目之一。後來到了近代成為經典的兒童遊戲之一。

橡筋繩子是用橡膠制成的有彈性的細繩子，長度一般在兩米以上，橡筋被牽直固定後便可來回踏跳。當時的橡筋繩子五錢就有一條，十分便宜，而且耐用有彈性，就算斷了也可以綁起來繼續使用。記得小學一下課，操場上到處都是跳橡筋繩子的身影。直到上課鈴响起，我們才意猶未盡地回教室上課。放學回到家，也不能遏止興致。在家找不到玩伴，就會把橡筋繩子綁在椅子上繼續跳。現在回想起來心裡也是充滿喜悅。

跳橡筋繩子的玩法十分有趣。由兩人面對面用腳拉著橡筋繩，參加者就可以在繩子之間跳來跳去。最單的高度只到腳踝，最難的以高舉一臂為準。最窄闊度只有一

腳之寬，最寬的時候扯繩人彷彿在地上寫「一」，充分體現出了少女的柔勒和輕巧。跳橡筋繩子可分單人跳和集體跳兩種，亦可跳出各種花式，例如三角形、八字形、斜綫形等。跳法是橡筋高度從腳踝開始到膝蓋，到腰到胸到肩頭，再到耳朵頭頂。跳橡筋繩的人只用腳不用手，一面跳一面還要唱著自編自樂的歌謠。我還記得有一首是這樣唱的：「馬蘭花，馬蘭花，風吹雨打也不怕。勤勞的人們在說話，叫你馬上就開花。」如果這時誰還能將身一扭，騰空而起用腳勾下橡皮筋，她就立即成為女孩子們崇拜的偶像。

光陰流逝，時間飛快。隨著經濟的發展和娛樂方式的增多，跳橡筋繩子這種遊戲已經逐漸被遺忘。那時候的我們，童年遊戲只是純粹的肢體運動，在沒有電子遊戲機，智能手機的年代，孩子們更喜歡在陽光下釋放能量，在汗水中尋找最大的快樂。

26 沒帶手提電話的一天

4E 梁寶琳



偶然在社網站看到一篇關於手提電話的文章，作者說到如果沒有手機，生活會變得如何的不堪，甚至感到焦慮。看完後，我嗤之以鼻，就不相信沒有手機，世界會有何改變。

正好今天媽媽難得放假，我們倆一於出去品嚐美食和逛街，也順帶體驗「無手機」的一天。上車後，我下意識伸手往褲袋摸去，沒有硬物的存在，急忙往身上有口袋的地方輕拍，前前後後左左右右，若沒看我臉上驚慌的神情，還以為在做運動呢！把全身拍過後，才醒覺今天是「無手機日」，本是驚惶的我，一下子就放鬆了，但沒有手機的我感到坐立不安。為了驅走這股煩躁以及等待時間的無聊感，我只好欣賞窗外風景。雖說「欣賞」，但車速之快只能讓我走馬看花。看似快到站，車速逐漸減慢，這時我才察覺不知何時飄來一片片粉紅色的花瓣，花瓣輕輕過車窗，緩慢得像是等待誰伸手接托。除了飄落的花瓣，世界好像逐漸停頓了，突然，一片粉紅影像直衝腦袋，是棵開花大樹屹立在這石屎森林中。我驚訝地搖晃媽媽說：「媽，你快看，超漂亮的，是甚麼時候有的？」她只是笑了笑，搖搖頭說：「在這裡好久了，之前和你出外，不也開花了嗎？」我驚呆了一下，然後轉頭看著它沉思。

吃完午飯，我們就隨處走走，



突然有位婦人微笑向我們點頭，轉頭看向媽媽也對她報以微笑。我覺得奇怪，問媽媽：「你認識她啊？」她拍了一下我的腦袋，帶點驚訝的語氣說：「她是我們的鄰居啊，平時也有和我們打招呼啊！」看似那一下疼痛，拍開了心中某一道門。之後，我們去了一間服裝店，裡面掛著形形色色的衣服，有一種後宮三千佳麗排列，任君挑選的錯覺。看到媽媽拎起一件衣服，服務員馬上走到她身旁，禮貌地介紹各「佳麗」的「優點」。本來思想早就飛到九霄雲外，只因售貨員一句話馬上把我高速扯回來：「女兒也幫媽媽挑選一件吧！」幸好不是一件難事，我就提腳走到圍巾專售櫃，那裏圍巾的款式多不勝數，有條紋的、有花紋的、有蕾絲邊的。我隨手抓起一條柔軟的圍巾，走到媽媽的面前比對一下，只聽到售貨員說了一句話：「好像不太適合媽媽啊？」我聽到後，嘆了一口氣，回到圍巾櫃前，抬手輕輕滑過圍巾，挑選一條適合媽媽的圍巾。突然想到，我根本就不了解媽媽喜歡甚麼顏色、喜歡甚麼花紋、喜歡甚麼裝飾。猛然轉身想詢問，卻看到媽媽的背微微彎弓，抬手一會兒就要放下來甩甩，即使只是側臉，也無法隱藏疲倦的臉容。這一下，我的腦袋清晰了。

平時手提電話不離手，就像在我手中生了根。我以為擁有手機就如擁有全世界的資訊，其實事

實是與世界隔絕。由外物，鄰居到親人，到底有多少事物因為手機而錯過？在車上只顧按手機而錯過風景、出門只顧看手機而錯過鄰居友善的面龐、在家只顧玩手機遊戲而錯過了與親人相處的時間……我猛然想起今天走進車廂的一瞬間，看到的幾乎是「清一色」的「低頭族」。正因如此，我們都錯過了社會發生的事情。不為一篇「停止砍樹」的文章給予一個讚，而是欣賞城中遺留的古樹；不是分享「鄰里互助」這篇文章，而是向出門剛遇見的鄰居問一句好；不是留言「憤慨」在「獨居老人」這條短片，而是珍惜和親人相處的時間。

直至今天，我終明白那位作者的心情。雖然手提電能令我們知曉天下，同時也令我們變得對世界漠不關心。謝謝無手機日，讓我的世界重現一份溫暖。

27

獨學而無友，則孤陋而寡聞

5E 侯宗佑





俗語有云：「活到老，學到老。」個人活到多久，便要學習到多久。人的一生就是一個不斷學習的過程。可是，在漫長的人生，現今的世代之中，我們又需以甚麼方式去學習呢？而「獨學而無友，則孤陋而寡聞。」這句說話則正正表達了我對學習的看法。

首先，在學術知識方面，以一己之力並不足以學習所有的知識。古語有云：「一人計短，二人計長」，可見在中國古時的思想中，也是同意一人學習的效率比結伴學習差。這是因為當時的技術水平較低，交通不發達，當時的人民並不容易親自到不同的地方增長知識，故需要結伴學習。雖然現今科技設備先進，交通方便，但一人學習的效率仍較結伴學習低，這是因為現時的科學太蓬勃，所覆蓋的知識層面過於廣泛，例如單單一科科學就已被分拆成幾個分支，又在分支學科中又有無數課程。單憑一人的時間及精神，根本不足以探索浩瀚的知識世界。故此，在現今社會中仍然是結伴學習的效率較高。在世界上不少有關學術研究的人員，大多都是以團隊去進行研究，集腋成裘，務求將學習的效率最大化。

其次，在待人處世方面，人們都需要向身邊的人學習待人接物的技巧。我們都知道所謂學習，並不只於學習課本上的知識，同時我們需要學習待人接物的技巧，以及做

人應有的價值觀。待人處事之道博大精深，既不是一時三刻便能融匯貫通，而又不是單單一人便能將它學曉的。尤其是在這個爾虞我詐的社會之中，若然你在職場上不深知待人接物應有的禮儀，到頭來就算你飽覽群書，才華洋溢，最後也會無人問津。而這些經驗，則必須長年累月地跟他人相處，才能領悟過來的。若你獨自學習，是絕對不能精通這門學問的。最具代表性的例子，莫過於在多年前一名滿有學問的中大碩士生梁健鵬，因於少時只顧讀書，缺乏人際交流，大學畢業後即失業兩年，見工逾二百次亦未能成功。

可能也有人認為，現今科技發展迅速，網絡日漸普及，大多學術知道都能上載上網，供大家瀏覽，一人學習並非難事，可是，在網上知道的大多是較客觀的資料，缺乏主觀的意見，來源又欠缺可信性，輕信網上資料可能弄巧反拙，拖慢學習進度。

學習從古到今，均不是個人的事，要結伴學習才能獲得最大效益。學海無涯，希望各位也能活到老，學到老。

28 我在圍棋之中找到快樂

5E 黎易尚



圍棋是我國的重要文化之一，傳說始於堯的時代，為教育子女而誕生。不理傳說真偽，圍棋現今流行於中、日、韓三國，近年六已在歐洲興起。不久之前的「人機大戰」亦使其再次成為國際焦點。也許在外行人眼中，圍棋是一個有血、有淚、高尚的決戰場。我在其中，找到了快樂。

第一樂，是下棋之樂。是鬥爭之樂。動物一出生就要鬥爭，不是為了名利，而是為了生存。人也是生物，動物也是生物，人類是否亦存有鬥爭的基因？我不知道。但世上沒有多少人能達到心如止水的境界，最多是心灰意冷。有一說，認為圍棋在古代受到推崇，成為「琴棋書畫」的一員，是統治者想借圍棋宣洩人民的鬥心，使農民、平民在圍棋之中以和平的方法鬥爭，誰也沒心神造反。本質和某些父母的教子方法相似，讓子女的精力耗於運動之中，在家便不會一言九頂了。如果此說正確，圍棋亦是世界和平任務的主力。圍棋未必能使天下大治，卻使我有鬥爭之樂。在對奕之中，以世上最公平的方法進行鬥爭，大家都是一次落一子，輪著下，不論你是王侯將相或是士農工商都無一例外。先行的人有優勢，最後便要貼回，即類似減分以致公平。在這「成功靠父幹」的社會，有誰贏在起跑線上之後，會肯自降身價，和你走在同一條起跑線上競爭呢？圍棋的鬥爭之樂，在於給人



世上最公平的鬥爭。在那縱橫十九路，三百六十一點之上，黑白二色之間，變化無窮，使人不能盡算，但偏叫人執著地算。叫人墮入陷阱，叫人大軍被滅，同時可能自己為西楚霸王，只因不能早著先機，漢兵已掠地，只能背水一戰，最終八千子弟兵盡散。平日一介白衣，在棋盤之上卻能領軍牽起腥風血雨，讓自己的熱血雄心得以發揮而不損人財產性命，安全地體會平日不會遇到的驚險，是圍棋的鬥爭之樂。

第二樂是觀棋之樂，是笑談之樂。自古以來，棋盤之上有血有淚，棋士把自己畢生的時間心血注入其中，有的名傳百世，有的含恨而終，有的為圍棋界盡心盡力，含笑而終。觀古生之名譜，明前賢古人之心，體會箇中三昧，其氣勢之宏大，不比千軍萬馬遊國。我國清代初期，國運興，棋運興，人民豐衣足食，有了閒情，便專注到圍棋之中。其中以黃龍士、周東侯等名士名冠一時，黃龍士更得棋聖之美譽，和眾多棋士突出「當湖十局」、「血淚篇」等千古美談。血淚篇當中，兩國人師承同一人，一人少年成名，一人大器晚成；一人棋風至剛，一人棋風至柔，兩大雄才，下出了淒厲的泣血激篇。日本昭和年間，我國吳清源學棋於日本，舉行十局戰，日本每一位棋士都打得降級，且終生不能改變，有日本棋士戰敗失蹤數十年，有人從此不再下

棋。各種豪情、痛心於棋局之上顯現。觀棋如親睹其人，各種英姿揮之不去。透過觀棋，和各大前賢或當今名士神交，與親身上陣又有不同之趣。我們眼中看到了千古風流人物，還看今朝的豪氣，我們心中有了古今多少事都在笑談中的情懷，是圍棋的笑談之聲。

棋如人生，下棋久了，習慣了世事常變，習慣了出乎意料，功敗垂成，反敗為勝，久而久之，對於人生順逆成敗便看淡了。能體會人生的無常，不再執著，「慣看秋月春風」，可謂最大的樂趣，釋懷之樂。





中文優秀作品

2016-2017 年

29

聰明笨伯

1B 張嘉兒



相信每個人都曾經做過自以為聰明，其實是很笨的事情，而我的笨事則發生在小時候。

那天，我與姐姐放學後不是馬上回家，而是去了「麥當勞」吃巧克力雪糕。吃了固然開心，但我們放學後沒有回家的事實要怎樣瞞過媽媽呢？「算了！我還是先別管！」我就像一隻無憂無慮的小鳥，輕鬆地和姐姐走回家。回家途中姐姐問到：「如果媽媽問我去了哪裡，那怎麼辦？」「就說我們學校留堂吧！」姐姐聽了我的說話，就半信半疑地回家。

一如既往的是回家會經過那條小巷，不同的是今天多了一個又像人又像鬼的黑影。咦？那個不就是我的媽媽嗎？我抱着好奇心上前查看。突然，一聲雷聲擊進耳朵：「你們去了哪裡！」這一句話就像獅子咆哮，令我們知道媽媽有多「火爆」。我心虛地告訴媽媽我們去了留堂班，但原來媽媽早已致電學校查問！謊言瞬間被揭穿了！此時媽媽又問：「你嘴邊黏著的是甚麼？」糟了！原來是嘴邊的巧克力背叛了我！

最後媽媽發現了我們在說謊，姐姐便一五一十都告訴媽媽。我後悔了！因我貪一時食慾的滿足而令自己被沒收手機一星期。

現實生活中，我們真的能做到不令自己後悔的事嗎？可能可以。只要我們做每件事前，都仔細考慮，可能就可以避免。這件事也令我知道做錯事應坦白認錯，承擔自己的後果。

30 聰明笨伯

1D 劉樂童

在今年的暑假，我做了一件笨事，不知道大家有沒有做過類似的笨事呢？不如就讓我為你們說說我做過的那件笨事吧！

今年暑假的某一天，早上媽媽要出門上班。臨出門時，她囑咐我們，讓我和弟弟妹妹要趁這段時間好好溫習。我們便不約而同、異口同聲地回應：「放心吧！媽，我們三兄妹一定會溫習的。」媽媽似乎很不放心，再次跟我們說：「記住啊！一定要溫習，樂童，無論如何也得溫習，不許再玩電腦遊戲了，你可知道，過幾天就是你的劍橋英語考試，要溫習啊！知道了嗎？」我滿不在乎地回應：「知道了！」

當我媽出去上班時，我弟弟心花怒放，三步並兩步，像火箭般衝到電視機前去玩他的電子遊戲。剛開始時，他和他的「軍隊」不斷跟「敵軍」交鋒，接着便打敗「敵軍」和不斷告捷，攻陷了很多的「城市」，令他的「疆土」不斷擴大。正當他全神貫注地玩，我靜悄悄地打算回房玩我的電腦遊戲時，突然有個人拍了拍我的背，把我嚇了一大跳，轉身一看，喔！原來是妹妹拍我。她低聲細語地跟我說：「哥，你要幹甚麼？」「我要去玩電腦遊戲。」「可是媽媽臨走時對我們千叮萬囑，吩咐我們務必要專心地溫習。」「不必擔心，只要你不講，

我不講，那麼誰會知道呢？」可是，妹妹還是十分擔心。

如果我們敢明目張膽地反抗我媽的旨意的話，她就會毫不容忍，十分生氣，甚至會氣得七竅生煙、大發雷霆，將會氣得咬牙切齒，恨不得把我們扔到九霄雲外。她的樣子會十分可怕，面紅耳赤，面貌猶如一個烤紅的小紅薯。我怕妹妹會在媽媽面前一五一十地說我的滔天大禍，突然，我靈機一動，便趕緊跑到我的房間裡，拿我的儲錢罐，妹妹呢，就丈二金剛——摸不着頭腦，直到我給了她錢，她才知道我那是我給她的「掩口費」。

然後，我便回房玩遊戲。那是我最喜歡的一個遊戲。我打開電腦，選了一個對戰選手，好吧，就選「小小」吧！我和他進行了一場激戰，我選了「咖啡貓」，他選了「武裝狗」，我們兩人再次進行一場戰鬥。「耶！我勝利了！」我十分雀躍。後來，他又不甘心，又跟我挑戰，我心想：哼！這回一定又是我勝利！想戰勝我？沒門！準備乖乖地認輸吧！於是，我便接受他的挑戰，又繼續戰鬥。正當我們打得十分激烈，他便主動認輸，兵敗告退。看來，他也不得不佩服我，並且佩服得五體投地。突然，我想起距離媽媽回來的時間快到了，我要關電腦，便趕緊把電腦關了，生



怕媽媽知道，又拿起了書，佯裝正在溫習，企圖瞞天過海。

這時，一陣開門聲響起，我媽直接到我房間裡找我，笑盈盈地問我：「兒子，溫習完了沒有？」我便說：「快溫好了，只差一點兒。」說完，我的心差點要跳出來。媽說：「瞧瞧，你把書都弄反了，還有，我知道你沒有溫習，在玩電腦遊戲，跟一個叫「小小」的選手一塊玩呢！」我不禁覺得納悶，喃喃自語道：「難道我媽有千里眼、順風耳等特徵？我怎麼一點兒也不知道呢？」突然，一把聲音打斷了我的思路：「哼！那個小小就是我，你還想抵賴！」

天哪！我萬萬沒有想到我媽竟然有如此奇招，那我只能準備接受她那嚴厲的大懲罰吧！透過這件事，我深深地體會到，無論做甚麼事，都不要自以為能瞞天過海，要腳踏實地地做人。

31

甜蜜與苦澀

4E 何宇飛

岳一心，可以說是我中學生涯中唯一的至交好友。若是跟他不太熟稔的人可能會覺得他性格過於倔強，不撞南牆心不死，甚至在眾人都說他錯的時候他仍堅持己見；但另一方面，他善解人意，還有著孩子氣的一面。在整個中學生涯中，我絕大多數的歡樂都是他帶來的，誰能想到溫文爾雅，外表清秀的他竟有著一顆小孩般的心呢？

雖然說我們如今已是至交好友，可是我們相識的過程可謂是「不打不相識」。我們最初的友誼竟然是打出來的，想起來也不禁為我們當年的幼稚而感到好笑。還記得那時我們都是中一新生，我和他恰巧就被分到同一班。一群懷著小學生心態的中學生聚在一起會產生什麼化學作用呢？那無非是打鬧，炫耀，起花名吧！而當時稚氣的他自然不會放過這個起花名的大好時機，當場就依據我架上眼鏡的外貌為我起了一個「四眼青蛙」的稱號，而這群新生卻似是野狼聞到了血腥味般，立刻以此對我評頭品足，嘲笑了一番。那被千夫所指，口誅筆伐的滋味實在令人難受。而外貌上的缺點竟被眾人當作笑話廣而宣揚之，更令我如啞巴吃黃連一般，想反駁幾句，卻怕引來更多譏諷。我惱羞成怒，頓時血氣上升，惡狠狠地望著「罪魁禍首」，大步流星地走過去對他拳腳相加，憤怒

至極的我將所有委屈都以武力爆發，對這個「人肉沙包」不留半分氣力，氣勢煞是凌厲。而他也不是打不還手，罵不還口的三好青年。就這樣，我們纏鬥了起來，從門口打到課室的後面，戰況異常慘烈，兩人身上都沒有一塊好肉，最後驚動了好幾位老師，才把這團「肉球」拆開。

為了此事，我們都受到訓導老師的懲罰，但我們友誼的橋樑卻因一心的一聲抱歉而建立。

自此之後，我們常結伴而行，那份「打出來」的友情也逐漸堅固。直到上了中三，我和他被分到不同的班，而我又因為勤於練習獨誦比賽難以在午膳時間見到他。正當我害怕這段友誼至此結束時，一份午餐改變了我的想法。

那天和老師練習完朗誦後，老師善心大發，竟允許我出外買東西吃，而不用買小賣部的午餐。當我買了午餐回來後，卻看見一心正在向我揮手，心中不禁感到詫異，可又有一種故友重逢的喜悅。我趕忙向他走去，渾然不知自己的嘴角彎成了月牙兒一般。只見他面前擺著兩個飯盒，笑著對我說：「我怕你買不到飯盒，誰知你這小子竟溜出去買了。」那一刻，一股難以言喻的幸福感悠然升起。他的笑容



簡單稚氣，卻藏著我們不容置疑的感情，兩人互相望著彼此，不需言語，一切盡在不言中。兩個男人坐在餐廳，飯香縈繞在鼻尖，可我們吃到的，是感動；我們眼中看到的，是那份純潔而又珍貴的友誼。

開心的時刻總如駿馬奔騰；感傷的日子，卻如老牛拖車。終於，我們要畢業了，我們沒有哭泣，也沒有囉嗦著一定要互相聯繫。一個眼神，我們便已明白了彼此的心意。畢業照上，他露出了稚氣的笑容，似小孩子般。可是他眼中的倔強神情，卻似是許下諾言，希望我們的友誼永世不變。而我，也正有如此的想法。

友誼，就像釀酒。時間可令舊酒變得醇厚，人的交情也是。有人因保護不當而破壞了整壺老酒，難以再入口。而我和一心的友誼，就如那陳年美酒，一口入喉，銘記終生。

32

甜蜜與苦澀

4E 伍嘉晴



還記得我和一心曾是形影不離的密友，我們無時無刻都待在一起，連分組活動也總要在一起。最令人驚訝的是我和她的身高和體重幾乎一模一樣。我們更有相同的喜好，甚至有不少人覺得我們的外貌也有幾分相似，活像一對雙生兒。到如今，我也總是覺得我們定是命中注定要相識，到最後更要成為好友的。

現在回憶往事，不禁想起六年級時英語課的一次分組口頭報告活動。理所當然，我又是和一心一組了。一心作為組長，安排了我負責搜集資料，但因功課過於繁忙，所以我很快就忘記了那件事。當時我著急得像熱鍋上的螞蟻，因為明天就匯報了，我立刻拿起電話撥了過去。在等待一心接通電話的期間，我已做好被一心理怨的心理準備。雖然她平日時常嬉皮笑臉，張嘴就來一個笑話，但我知道她對待學業和功課卻是格外認真，像變了另一個人似的。我還經常調侃她擁有雙重人格。電話接通了，我飛快地解釋事情的來龍去脈，意外地聽到她第一句不是埋怨的說話，而是一句「沒關係。」直到如今，我仍清楚記得她當時說這三個字的語調，就如溫暖的春風拂過我的心房。那一晚，我和一心在電話中討論報告內容直到深夜。明明是我闖的禍，卻有勞她為我收拾爛攤子。聽著電話



另一邊的她認真的回應，我的心滿滿都是無法言喻的甜蜜。一心對我永遠是那麼包容。

回首往事，當年我們還是懵懂無知的小女孩，我們喜歡玩，所以連闖禍也不以為然。直到班主任發現後，便把我、一心和幾個同學叫去，我們才知道有些事是不能做的。班主任並沒有立刻就責罵我們，反而是溫和地教訓我們甚麼事是可以做，甚麼事是萬萬不能做的。見我們似懂非懂地點了點頭，她又問道是誰的主意。話音剛落，一心便立刻對老師說道：「一切都是我的主意，與其他人無關！」我們眼中皆充滿驚訝，一心竟獨自把責任攬到身上。我看著一心稚氣未脫的臉，眼神卻流露著堅定和倔強，一時之間百感交集，也傻乎乎地分不清這是苦還是甜了。甜的是有這樣一個好友為我遮風擋雨，讓我在暴風雨中感到一絲溫暖，就像蜜糖吃進嘴，甜到心底。苦的明明不只是一心犯錯，她卻願意為我們承擔一切，對她感到愧疚。

所謂「天下無不散之筵席」，我們終究要成長。因為我和一心所選擇的中學並不相同，這意味著我們不能再像小學一樣整天黏在一起了。在畢業禮上，看著屏幕上播映著的小學點滴片段，我回憶起與一心的相處片段，鼻頭一酸，強忍著

即將衝湧出來的眼淚。我轉頭觀看一心的表情，她與我一樣，雙眼緊緊盯著屏幕，眼中充滿捨不得之情。畢業典禮完結後，我們穿著畢業袍，在校園的每一個角落留下最後的蹤跡，拍照留念。看著手機中與她的合照，我的眼淚終究還是忍不住，一下子崩盤而出。我緊緊抱著一心，我們都知道現在一個擁抱勝過千言萬語。那天的苦澀心情，直到今天，還深深地刻在腦海中。

回憶結束，看著周圍熟悉的環境，我坐在床上，嘴角牽起一抹微笑，這便是年少時的輕狂啊！這份美好的記憶，我會銘記於心，永遠藏在心底裏。

33 學習不求分數

5E 陳穎晞



求分數指看重考試成績的得失，求知識指追求學問的了解。古有「師者，所以傳道、受業、解惑也。」反過來說，即學習能認識道理、了解學問及解決疑惑；今有「以分數贏在起跑線」之說，對成績非常重視。綜合古今看法，我不同意「學習時不求分數，只求知識」而應知識與分數看齊並重。

首先，現今成績為影響前程機遇的契機，故不能不重視。現今學制下，成績如開啟前程之門的鑰匙，好匙配好門，反之亦然。因此成績的好壞往往成為能順利升學或未能如願以償的關鍵，你所得的門會直接影響人生的機遇，例如要有優良的成績，畢業後才可以在職場上步步高陞等。根據香港大學2015年的收生報告，若要入讀醫學、精算等出類拔萃的學科，成績必需達至香港中學文憑試的三十五分。若你漠視成績，任由自己於公開試只得數分，很現實地說，你將很難被專上學院取錄，更遑論未來投身專業行業了。成績低分者或許只能做一些薪金微薄的工作，可見在這成績與前程掛鈎的社會中，不得不重視成績。

的確，成績或許是文明社會中檢視能力最公平的做法。透過考試，能利用一組冷冰冰的數字襯托出你的實力。而正因為其冷冰冰、不帶感情的特質，才有助帶出最客觀、最公正的結論。以交易為例，交易的媒介最初不是用金錢，而是用各式各樣的貨物。但由於每個人對每種貨品的看法也不同，因而容易造成不公正客觀的交易；



但以金錢作為交換媒介後，原則統一就公平得多。可見若評論能力的方法仍然是以主觀的評語為準，也不見得有多公平客觀吧！

同時，追求學問之餘，知識也應一同重視。俄國著名思想家赫爾岑曾說：「不去讀書就沒有真正的教養，同時也不可能有什麼鑒別能力。」牛頓曾表明：「知識猶如一片浩瀚無盡的大海，須走進水中才能了解箇中奧妙。」他是一名世界聞名的科學家，「居廟堂之高」，仍樂於研究學術。他看見蘋果掉到地下，忽發奇想，用心思考鑽研，最終發現地心吸力及萬有引力，承傳「活到老、學到老」的精神。以上芸芸事例都反映了追求學問於生活的根本性，可見重視分數同時也要重視知識，不然我們只會成為一些金玉其外、敗絮其中的人。

此外，知識能助我們貢獻社會，故應重視追求學問。在情，社會及父母給予我們最好的資源學習，我們當然以重視知識的追求來報答他們之恩；在理，有幸身為知識分子，就應運用最有力的能量——知識，來使世界變得更美好。未有電話線前，要撥號簡直如攀山涉水般難，但自從高錕先生發明了光纖，這名「光纖之父」一下子把世界各地的距離大大拉近，令通話更快捷方便。明朝草藥家李時珍亦不怕艱辛，遠涉深山曠野採藥，甚至遍訪各醫驗方，造就流芳萬世的《本草綱目》。科學家居里夫人曾言：「科學應該屬於全世界。」知識的進步能

推動社會發展，若不加以求知識，恐怕我們現在還會停留在石器文明吧！

有人認為學習應該不求分數，只求知識。因為追求知識不是學給別人看，也不是為了博取他人的稱讚，而是為求做人的道理。萬世師表孔子門下弟子多如繁星，但每位都跟從老師之道，為學習處世態度而勇於求學。可見正確的學習態度是「為己」，不是「為人」，更談不上要與世俗追求成績的學習態度拉上關係。可是，活於競爭激烈的現代社會，難免以成績作為淘汰標準。為了幫助子女他日在社會佔一席之地，不少家長甚至變身「虎媽」，不停催谷小孩「贏在起跑線」，以達到「適者生存」的目的。可見面對現實情況，不求分數根本是一件不可能的事，那怕你還未彰顯追求知識的重要性前，分數已狠狠地把你從求學分子的名單中剔除了。因此，我們既要重視追求知識，也要同時地追求分數。

「求學不是求分數」仍是古今學術界的基礎，大家儘管拿文房四寶為古代求學的主要工具。但隨時代變遷，今天分數已變為今天求學的重點。我認為，分數與知識都應雙雙看重，終歸分數只是走向浩瀚無邊的學術世界之橋，並不是求取知識的終點！

34 以己之心，度人之腹

6A 郭宇揚



看着手上的語文課本，心裡說不出的難受。此刻的我不知所措，千萬句對不起在我心裡迴盪着。想上前給予一個真誠的道歉，心裡無盡的愧疚卻讓我慚愧得久久不敢邁出這一步。我後悔不已，這件事讓我終於意識到萬萬不可以己之心，度人之腹。

今天早上，我比以往更早一點起床，只為了有更多的時間整理好自己的狀態。仍是有兩聲咳，但不足以讓我放棄學習的機會，因為生病，昨天已經錯過了兩節語文課。生怕追不上學習進度的我，背誦着前兩天剛學會的《滿江紅》，背起了大書包，踏着清晨七點半的陽光與紅葉，向着學校走去。回到課室，我立馬從抽屜裡找出語文課本，打算為今天的課堂先作準備。然而左翻右翻，都找不到課本的蹤影——課本不見了！

我頓時心頭一緊，既慌張又不解，誰偷走了我的課本？作為在語文科裡一直保持優異的學生，絕不容許自己在沒有課本的情況下上課！我繼續着急地胡亂翻着抽屜裡的書，心想也許是我看漏眼了而已，然而期待的事情並沒有發生，語文課本仍然不見蹤影。看見我如此氣急敗壞的舉動，後桌的一心似是猜到了我正在尋找語文課本，她說：「你是在找語文課本吧！我昨天看見念慈拿走了。」

張念慈！居然是她！突然，心裡的怒氣一湧而上。一直以來，我都是班上的語文科優異學生，是班上的榜



樣，也是語文老師心中的寵兒。卓越的表現讓我每一次都登上語文榮譽榜，第一名那一欄裡永遠印着「陳家寶」這三個字，在我看來，是多麼閃閃生輝。而追隨着我的名字，在第二名那一欄裡則是掛着「張念慈」。想到這裏，似乎所有事情都有答案了——沒錯，她想要超越我。我知道念慈一直很用功，然而沒有一次可以奪下第一名的寶座，相信對她來說，我是個強大的對手。因此，在我生病時，亦是我最失利之時，便是她爭奪寶座的最佳時機，就如古時趁皇帝病入膏肓時企圖謀朝篡位的大臣一樣……種種陰謀論在我腦海裡一個個浮現。與此同時，我的臉色越趨難看。想到她的陰謀，想到我那些記在課本上的溫習重點將被她一一吞噬，以及我那將被奪去的第一名的榮耀，怒火在我心裡燃燒得越發旺盛。因為憤怒，此刻我的臉是漲紅的，牙齒咬得「咯咯」作響，眼瞳裡似乎燃燒着熊熊烈火。

此時，念慈背着書包走進了教室。她梳着整齊的馬尾，穿著潔白的校服襯衫以及熨得不見一點皺紋的裙子，臉上掛着淺淺的微笑，本該是清新到極點的形象，此刻在我眼裡卻是那麼面目可憎。「家寶，早啊！」她笑着對我說。「轟！」一句問候讓我的怒火從頭頂上噴發而出——假惺惺！我指着她，用未曾試過的、充滿着憤恨的聲音大喊：「你這個不知廉恥的偷書賊！」頓時，課室安靜了，尷尬的氣氛讓所有人都屏住呼吸，所有眼光都放在了故事的兩位主角身上。此時的

念慈瞪大了雙眼，用不可思議的眼神看着我，彷彿被這突如其來的指罵嚇呆了。而我，則一直怒視着她。

良久，她長嘆了一口氣，接着從書包裡拿出了一本熟悉的、用我喜歡的卡通包書膠包着的語文課本。她遞給了我，說：「你昨天沒上學，所以我拿了你的書，幫你劃下老師說的重點。我知道你最重視語文科了。」一句話，解開了謎底，真相水落石出，同學們漸漸把注意力放回自己的事情上，而念慈則無奈地搖搖頭，眼裡滿是失望與委屈，失落地走向自己的座位。教室又回復喧囂，宛如剛才所有的事情從未發生。然而此刻對我來說，世界彷彿安靜了。我呆呆地拿着語文課本，仍未從剛才念慈的話裡回過神來。

面對生活上的許多事情，我們都會有不同見解。可是無可否認，人們總是習慣性地按自己的眼光去判斷一切事物。擁有美麗心靈的人，總能看見青山綠水；反之，一個本身心理修養不高的人，世間所有的事物在他眼中都是灰蒙暗淡的。要理解別人、認清事實是一件不容易的事情，然而這並不代表我們可以用自身狹窄的目光及認知去猜測別人的心思。心是花園，思想是種子，花園裡可以繁花似錦，也可以雜草叢生。願每個人都可以用正面、寬容的眼光看待別人、看待世界。

35 不應該逃避

6E 黎易尚

今天發生了一件事情，當時我想過逃避，最後選擇了面對。我認為逃避是不應該的。

近來元朗成為了南亞裔的聚居地，不時傳出南亞裔人士街頭打劫的新聞，最為驚動的莫過於有一南亞裔男子在便利店為了不過十數元的食物一刀刺死店員，使得香港大多數的華裔市民一看到南亞裔人士便心中警剔，如要迎面而過，少不免身體橫移數步，手上暗中運勁，有如驚弓之鳥。

而剛才，即約今天晚上十一時，我因事夜歸，才出西鐵站門口，踏上歸家之路，只見下起滂沱大雨，兼且風力強勁，橫風橫雨，遠望彷彿一片雲霧，根本看不得二十米以外的景色，只能依稀看到不遠處的燈光。即使頭上有瓦遮頭，雨水仍由左方隨風而至，衣衫濕了一片。透過手機查看，原來已掛上紅色暴雨警告訊號。看了看今早出門以防萬一而帶的雨傘，心道：「雖然難免濕身，終究聊勝於無。」我始終不能達到莫聽穿林打葉聲，何妨吟嘯且徐行的境界。憾哉。

由西鐵站回家，有左右兩條斜路，或因夜深之故，左右都不見人跡。我本來也無懼獨自行夜路，便隨意走右方的路。走了一至兩

分鐘，我看見十數米外有三個人，兩男一女，其中一男一女為華裔人士，男方正為女方撐起雨傘，女方摟著男方另一隻手，頭倚靠在男方肩膀上，該是男方正充當護花使者了。而在這對男女的左方有一高大的南亞裔男子，正站在的士站下方，不知是避雨還是埋伏。他一見到該對男女走近，就馬上把手伸向男女，之後中途又把手垂低，男方一見到他的舉動便馬上拖著女方橫移數步，大喊一聲：「甚麼事！」也不待那東南亞裔人士回答便快步離開。

究竟，那南亞裔人士是避雨還是埋伏？可能是避雨吧。始終現在是大雨滂沱，避雨也不足為奇，可謂合理之極。至於他的舉動又該作何解釋呢？可能他見到有人走近，想共享一傘，但看見人家郎情妾意，又不忍打擾，況且那傘根本不能為三人擋雨，故欲言又止。我心中不覺得有問題，於是便繼續前行。走了兩三步，我父親的聲音在腦海響起：「嘩！近日治安真差！我有位朋友十分高大，夜晚走過朗屏西鐵站，一個南亞裔迎面而來，往他胸口打了一拳，搶了他的錢包便絕塵而去了。」沒錯，如果小人之心一點，他可能是看準夜深雨大，想找落單的途人下手！剛才但見對方有兩個人，怕糾纏之下另一個人求救或反抗壞事，始終取易不



取難。君子不立危牆之下，我還是轉路吧。但細心一想，我面前的如果不是南亞裔人士，是香港人，我會不會有這樣的猜測呢？如果不會，我這樣豈非種族歧視？如果有朝一日，流落異鄉，我因種族而被標籤，是何滋味呢？現時我心中有兩個選項：一，調頭，萬無一失，但道義有損。二，前行，給予其公平的對待。一是逃避，二是面對。

反覆思量之下，我決定面對。當我走到他面前，他急忙拍一拍我的肩膀，指一指我手上的雨傘，一輪指手劃腳，終於明白他真的是想找人擋雨，眼看距離回家尚有三分之二的路程，幫人一把又何妨，不過併肩而走時我才發現他真的很魁梧，我的頭大約到他的上腹，肩膀比我闊一倍，如果他意圖不軌，恐怕難以反抗。此時，我不禁又起了幾分警剔之心，和他保持一定距離。

走著走著，因言語不通，途中我和他甚少交流，一路上只有雨聲相伴。「沙！沙！」突然，他右手有所異動，我馬上進入戒備狀態。接著他右手放在我右邊肩膀上，輕輕把我拉近，他由上而下看一看我，面帶微笑點了點頭，原來他發現我走得太遠，右邊身被淋濕了一片。經過一輪困難，用了有許多沙石的英語溝通，我發現原來他住在

我家旁邊的大廈，我送他到管理處後便功成身退了。

有人可能覺得君子不立危牆之下，這種情況應及時離開方為上策。我不反對君子不立危牆之下，但是我覺得，因他的種族判定他是危牆，公平嗎？因為如果他是一個華人，可能你在同一情況之下，不會輕易判定他是匪徒。可能有人會辯解，他的同鄉為非作歹，懷疑合理。但，在香港為非作歹，傷人劫財的華人少嗎？我承認，完全消除種族歧視很難，即使在高舉人權旗幟的美國。何況香港？但我無法在接受了十多年教育的情況下，於此時此刻逃避離去，因為此情此舉，逃避等如枉讀聖賢書，等如不應該。也許香港是一個表裏不一的社會，高舉種族共融的招牌，但始終難改七百萬人的思想。另外一種可能，是香港是一個進步中的社會，但進步必有阻礙困難，正如近日一宗又一宗不利南亞裔人士的報道，面對困難，我們不應逃避。



English Masterpieces
Year 2012-2013



01

An idol from a slum**3A Helen Yau Hiu Lam**

Once upon a time, there was a girl named Phoebe. She was poor and lived in a slum. Houses there were cramped and small; streets were smelly, narrow and so dirty that they were full of flies.

Because of poverty, she worked to earn money. No matter how hard the work her boss told her to do was, she just nodded and did it instantly.

Each child living in the slum wanted to go to school because education was a way to escape poverty. However, they were poor and did not have enough money for the study. Therefore, to help those poor children, every year, the headmaster of the school in that district would choose a few children to receive the sponsorship.

This year, luckily, Phoebe was selected by the principal. In the first month, Phoebe felt shy when she went to school. She felt embarrassed when she could not answer her teacher's questions. However, she did not want to lose this chance to have education, so she told herself to work hard and triumph against all the odds.

Because of her hard work and determination, she got good results in her examination. Everyone was shocked. She became famous as many people knew the slum in which she lived. She was the first child from a slum to get a good result. Everyone was so proud of her that they celebrated for several days and nights.

Finally, a wealthy businessman bought the slum. The slum became better than before and the environment there was also improved. Everyone there then became hopeful and thanked Phoebe whole-heartedly.

02

Should schools keep mobile phones for students?**3C Angela Hui Ching Man**

At present, our school collects all the mobile phones from students before lessons. In my opinion, it is a good practice. In this essay, I will discuss the advantages and disadvantages of school administrators keeping students' mobile phones.

One advantage of this practice is that students will pay attention in lessons and not be affected by their phones. With smartphones, students can do many things such as playing games and surfing the Internet. Students will be inattentive if they have a phone on hand.

Another advantage of this practice is that the school can prevent students' mobile phone from being stolen and students do not need to worry about it. Every morning, students hand in their phones and get it back after school. It is very safe.

However, there are some disadvantages. One disadvantage is that the mobile phones may get broken when the janitors collect them. There are at least 30 cell phones collected from students in my class. All phones are put into a plastic bag. They may get broken easily.

Unfortunately, this practice creates problems for the janitors since they have to collect all the mobile phones from different floors every day. Do you know how many phones are collected? At least 600 a day! It is quite bulky to take them to the school office and store them.

In conclusion, there are both advantages and disadvantages to keeping mobile phones for students, but I firmly believe that the benefits outweigh the drawbacks. Therefore, schools should keep mobile phones for students.

03

Should we have more P.E. lessons?

3D Kiwi Chan Shuk Wai





Someone has recently proposed that we should have more P.E. lessons. In this essay, I will discuss the good points and bad points of the proposal.

There are some advantages to having more P.E. lessons. In our daily life, we always study all day long in school. We need to do much homework and prepare for exams, so we do not have time to do any exercise. As students are very busy, we should have more P.E. lessons to relax our bodies.

Another advantage is that some students may be good at some sports such as baseball, volleyball or football. If they have more P.E. lessons, they can practise more. Other students can develop their interests in sports.

However, there are disadvantages to having more P.E. lessons. If we have more P.E. lessons, we do not have enough time to study the core subjects. For example, Chinese and English languages. These subjects are more important than P.E. lessons.

The second bad point is that more P.E. lessons will make the students feel tired. If they feel tired, they cannot concentrate on the lessons. Their results will get worse.

I firmly believe that the advantages of having more P.E. lessons outweigh the disadvantages of it. Therefore, the school should offer more P.E. lessons.

04

Hard Work? Not the Key to Success in the Workplace

5B Ip Cheuk Hei



Someone said, 'Hard work is the key to success in the workplace.' In fact, it was found that more than 50% of Hong Kong citizens agreed with this statement. I disagree with the declaration. To start with, I think hard work is not the primary element. There are other attributes which make you succeed, including excellent interpersonal skills, a sense of responsibility and being confident and good at following orders.

Workers need to have exceptional communication skills. Although communication is easy for some people, it is crucial for workers, especially salespeople and managers, who have to meet hundreds of customers every day. They have to talk well and have excellent face-to-face communication so that they can do business.

Also, we need to have a sense of responsibility. In my view, your employer will trust you if you have a strong sense of responsibility. It means being well organized and able to finish your work on time, demonstrating you have good time management. Your employer will know you are a good worker. Consequently, you may have the opportunity to get promoted.

Last but not least, I think workers need to be confident and good at following orders. If you are self-assured, your employer will think you have the ability to work more independently. For example, a confident musician can play an instrument wonderfully. Also, being good at following orders is important because your boss will trust you.

In conclusion, hard work is not the only key to success in the workplace since excellent interpersonal communication skills, a strong sense of responsibility, being confident and being good at following orders are also important. These qualities can make you work successfully. That is why I disagree with the statement, 'Hard work is the key to success in the workplace.'

05

Kill stress ASAP**5B Connie Ng Kwan Yi**

Nowadays, there are a lot of examinations and homework in school. Students have to face them. They cannot ignore them. In fact, students need to learn more than ten subjects in junior forms, and there are five to six subjects in senior forms. According to research, most students have stress related to school, family or friends.

If students cannot deal with their stress appropriately, they will be in trouble. For example, they will get lost and have negative thinking. They may have insomnia as they cannot sleep at night. If they have more and more stress, they may commit suicide to end their pressure. It is wrong! It cannot help them at all. Therefore, we need to handle the problem correctly. Find a good way to deal with your stress as soon as possible.

First, students should have more outdoor activities with friends or families. If you join some activities which are fun and entertaining, it can help you to reduce your pressure. When you stay outdoors, I believe you will feel more relaxed. Moreover, you can play more sports games with friends. You can forget the unhappy things while having fun. Also, after the exciting activities, you will become more comfortable.

Second, students can seek help from friends, family members or someone whom you believe. Tell them what you are facing and find a positive way to cope with your problem together. Also, talking more with others, you can be happier. You can share some jokes with each other. Jokes can make you laugh. A study has found that laughing can reduce stress. I believe that if you seek help from your friends or family, they must help you and they will encourage you to keep on.

Third, students should change their wrong concepts. In Hong Kong, most people think that studying in university is the only way to be successful. It is not sensible enough. For example, Bill Gates, a famous tycoon in the world, did not finish his study in university. However, he has much more money than you and I. So going to university is not the only way out. You can find other ways. Remember, never give up. Positive thinking is essential for a healthy life.

To sum up, students have to do more outdoor activities to relax and seek help from friends or family to find a good way to cope with stress. Furthermore, changing your mind is important. Strike a balance between leisure and study!

06 A cooking competition

6E Narcisse Cheng Tsz Shun





“Three! Two! One! Action! Let’s see how they do their magic!” I was going to cook steamed clams with glutinous rice in lotus leaf and pear and tremella sweet soup. First, while I was waiting for the rice to be cooked, I cut a pear into heart-shaped pieces. Then I put those pieces, the tremella, some bitter-sweet apricot kernels and water into a pot and started braising it. Just when everything was in full swing, Mary shrieked and Mr. Poon came to us and said, “That poor chicken was trying hard to escape!” I found that the chicken was on the floor which made everyone laugh.

When the atmosphere seemed relaxing, 30 minutes had already passed. I immediately started stir-frying the mixed rice with crab roe, dried pork, and spring onions. While I was pouring the rice, clams, and garlic onto the lotus leaf which was placed in a traditional Chinese steam cage, I saw my mum smile. I was poised to win with her spiritual back up! “Wait! How stupid I am?” I thought. I had forgotten to add any flavouring during the stir-frying process. Yet, I had no time to redo it. I could only put a pinch of sea salt on top and then wrap the leaf to ensure there was no leakage.

The last 10 minutes flew by for me. I was so frustrated that the clams would not be cooked in time. I took advantage of the high temperature of the leaf packaging, I wrote “I love U” using egg white.

“Ding! Ding! Ding! Time’s up!”

07

Share my job experience of being an assistant tour guide on my blog**6E Tony Chien Chun Yin**

During this summer vacation, I decided to do something I have not tried yet. To make this summer holiday meaningful, I practised my daily English and learnt more about the culture of Hong Kong — I became an assistant tour guide.

Owing to my lack of work experience, I could only be the assistant. It was still a great chance! I was nervous at the beginning since I didn't have great acquaintance with the sightseeing spots in Hong Kong. Even though I am a Hong Konger, many places are new to me. Fortunately, the tour guide whom I assisted was helpful. He taught me what I didn't know, and my unease got vanished quickly.

There were two places for the tourists and I to visit on that day. Our first destination was Hong Kong Wetland Park. It is a really great eco-tourist spot in Hong Kong. Why I said so? The tourists and I loved that place. We all thought it was “a land of milk and honey”, which could let city-dwellers escape from the hustle and bustle of the city. Also, the landscape there was fantastic, and I was delighted to see tourists taking lots of photos.

Right after visiting the “Oasis of Hong Kong”, we went to Murray House. I think it is a must-visit place for not only tourists but also you and me! For many people, including Hong Kongers, they just take Hong Kong as a concrete jungle with skyscrapers and fast-flowing traffic. Actually, it is not true. Hong Kong is a world-class metropolis with colourful heritage. Murray House is exactly the place you should go if you look for a different side of the city.

During this tour, I faced some difficulties. Sometimes, I wasn't able to answer the questions about the customs and traditions of Hong Kong in details. Luckily, all the tourists were friendly and understanding when I introduced each attraction to them with my limited knowledge. The other part of my job was to take photos for the tourists. Thanks to my skilful photo-taking technique, I got my job done successfully.

After this tour, my knowledge and interest in ecology are enhanced. What's more important, I recognised the other side of my own city and like Hong Kong more and more. It even arouses my interest to explore Hong Kong further in my leisure time.

Being a tour guide is really a valuable and fantastic experience! If you have such a chance, don't hesitate to have a taste of it.



English Masterpieces
Year 2013-2014



08

One day trip with Paula

1C Angelica Cheung Hoi Ching





Last week, our GEO Judy's daughter, Paula came to Hong Kong, and I showed her around. Let me tell you about our trip.

In the morning, I went to a Chinese restaurant for breakfast with Paula. She loves to eat dim sum very much, and she ate a lot! We all enjoyed the breakfast and Paula said her favourite food is shaomai. I felt glad about it because shaomai is my favourite too! After the pleasant meal, we went to the Art Museum. Paula said she was good at art and this plan was suitable for her! Oh! I was jubilant when I heard that!

In the afternoon, we went to Ocean Park. First, we took some pictures for Paula and the cartoon characters. Next, we played a lot of games. Those games made Paula and I feel very amazed and excited! Then, we had lunch in a small restaurant. The food there was really yummy, but it was very expensive. After that, Paula and I went shopping and bought some souvenirs. I just picked a few, but Paula bought a lot! Finally, we left Ocean Park. Paula said she loved it so much and she really wanted to go there again. So do I!

In the evening, we went to Ladies' Market. Ladies' Market has a lot of things to buy, and Paula thought the things there were cute and full of surprises! She just bought and bought and didn't want to stop. Oh, shopping can never exhaust any ladies! After two hours, we went to a large restaurant and had dinner. I ordered a hotpot. Paula said that hotpot was the most delicious food in Hong Kong! I felt surprised about that!

After dinner, we needed to say goodbye, and I went back to LCK with her. Before I left, she said she was so thankful to me and gave me a hug! What a great hug to end our great trip!

I thought this trip was fantastic and exciting. I want to hang out with Paula again!

09

One day trip in Hong Kong with Paula

1C Sherman Chu Man Sum





3rd April 2014

Last Sunday was great for me!

Last Sunday, our GEO Judy's daughter, Paula came to Hong Kong. As a student ambassador at LCK, I had a day trip with her!

In the morning, I wanted to take her to some famous places in Hong Kong, so I took her to the Wisdom Path. Wisdom Path is on Lantau Island. It is the largest outdoor wooden carving Buddhist Sutra in the world. The environment was hygienic, and the air was fresh. It made us feel comfortable and relaxed.

In the afternoon, we went to the city's very famous street – Ladies' Market. There were many different types of stalls and styles of goods. The prices were reasonable. Ladies' Market is the place where the foreign tourists must go. Paula bought many souvenirs. She thought the things there were cheap and cheerful. At about 12 o'clock, we left the market and had lunch. We tried some local cuisines and explored side streets. We found some local food such as barbequed pork buns, spring rolls, steamed vermicelli rolls, egg tarts and egg puffs. They were delicious! After that, we went to a theme park – Ocean Park. Ocean Park has lots of exciting rides. Paula and I loved the roller coaster. We wanted to see the dolphin show the most. It was incredible, and the dolphins were cute! We took many photos of them!

At night, we went to the Peak. The Peak is the place where you can overlook Victoria Harbour. If you go there in the morning, you will feel the charms of Victoria Harbour. Paula told me that was beautiful and she loved going sightseeing.

I was so happy to have a short trip with Paula. It's time for bed. Bye for now.

10

Let's Stop Bullying**2D Tracy Chan Pak Ue**

Good afternoon, everyone. Today I'm going to talk about bullying. In my speech, I will tell you one significant cause of being bullied at school and ways of coping with it.

First and foremost, being passive in the school environment will give others an unfavourable impression. Sometimes, classmates may tease, scare or hurt the bullied either in words or actions. At school, classmates may ignore and isolate the bullied. They seldom talk to the victims, not to invite him or her to join class activities or discussion. When time goes by, this situation may even get worse. Eventually, being bullied will lower one's self-esteem and confidence.

So, how can the victim handle this problem? To solve this issue, you should firstly understand your interest well before joining a school club. If you are fond of playing ball teams, why not go and join volleyball or football team? On the other hand, you may try to participate in a calligraphy club which gives you a quiet atmosphere to train your patience. If you join one of the school activities, you will make more friends at school and enlarge your social circle. If you face any difficulties or suffer any forms of bullying, your friends may come to help you and give you support in various ways, for example finding out together the causes of being bullied. Therefore, if you feel intimidated, be brave to talk to your teachers and parents.

To sum up, bullying is a serious problem because it may influence one's personal and mental development. However, it doesn't mean the victims can't handle it. That's all I wish to say. Thank you for listening.

11

Homeschooling issue**3A Maggie Leung Mei Ki**

The public school system works for many people, but it is not the only choice of education. Learning at home can be just as effective because of the flexibility in where students learn and what they learn.

One of the advantages of homeschooling is that no commuting is needed. Taking a course online can be one way to reduce the expenses of transportation. Students can also work at home completing their class assignments. As a result, students save time and money.

However, the disadvantage of homeschooling is that the learning mode may not be ideal for all learners. I think online learning is not suitable for everyone. If someone has problems with motivation and needs lots of attention from an instructor, they may want to think carefully before enrolling in an online learning program.

Although the flexibility of homeschooling and the other advantages are very appealing, it may happen that the drawbacks may bog you down. So, I think you need to ask yourselves whether you are well-prepared to take such responsibility.

12

A War against Depression**4A Alan Chan Yun Ching**

Nowadays, as teenagers, we are encountering many sources of stress such as academic achievements, friendship and family issues. Some of us cannot deal with those problems, and we are living under pressure and anxiety. In the following paragraphs, I will share my friend's successful experience of defeating depression and then I will give some advice to you about how to fight against depression.

My best friend, Tony, has become my classmate since Primary Five. He was a smart student when he was in primary school to junior forms. However, when he was in F.4, he could not adapt to the advanced learning mode due to the more challenging learning contents. He always did homework and studied until midnight, but he still did poorly in exams. He tried to share his situation with his parents, but his parents had little time at home. He thought there was too much pressure from studying and he felt nervous and worried about it. He always shouted at his parents when they asked him to have dinner.

It seems tough to overcome depression. However, Tony defeated it. After thinking long and hard, he thought of some kinds of ideas to get rid of his stress. He made a revision schedule to plan his time in advance. Since his parents had little time at home, he shared his situation with his friends and class teacher, and they gave some useful ideas to improve his learning. Finally, his exam results had a significant improvement in ranking.

In an attempt to defeat depression, there are many ways. However, there are some effective ways that I can suggest. You can do something to relax yourselves. For instance, you can do exercise, shout out your worries and take a shower. Moreover, you can be a volunteer to help the needy. You have more chances to meet different kinds of people, and you can learn from them. You can also try to share your thoughts with your friends, parents and teachers. With sufficient social support, I think it can help you to overcome depression.

It sounds hard to beat depression. However, someone has said, "No problem is too difficult to overcome." To deal with depression, just remember this idea: Stay active under stress at all times."

13

A Letter of Advice

5D Finnie Law Pui Yan



Dear Helen,

I'm sorry to hear that your parents disagree with your decision of going to a drama school after Form 6 and becoming a professional actress. I know you really want them to support you as being an actress is your dream. It's understandable that you're upset and depressed. Let me give you some advice that might help you.

Communication is essential. Usually, parents don't support their children simply because of misunderstanding. Sit down and talk to your parents peacefully. Listen to their concerns about your entering showbiz and ask them why they have such worries. Then, convince them how you're going to protect yourself from various dangers like temptations and sexual harassment. Assure them you'll seek help from them whenever you encounter difficulties because they are mature and trustworthy enough to be your life coaches.

If they have a tough stance and you can't convince them at the moment, try to show them your strong passion for acting by taking part in relevant competitions and joining some acting courses. In this way, not only will they know you're serious about your dream, but also they may be touched by your determination and perseverance.

However, if your parents still disagree with your decision, don't argue with them. It doesn't mean that you have to give up your dream. Be enthusiastic about everything you're doing, try your best at all times and keep a good rapport with your parents. When days pass by, they'll find that you're no longer a child and you can handle hurdles and face unpleasant situations yourself. Then, they'll have confidence in you and let you pursue your dream without any worries.

I hope my advice can help you solve your problem and I will support you always. Do send me your latest news so that I can provide you with support from time to time.

Love,
Chris

14 The Influences of Modern Music

6A Jeannie Wong Sze Wai



Good morning principal, teachers and fellow schoolmates. It's my pleasure to stand here to share my views with you. I love listening to pop music during my leisure time. What about you? Owing to the advancement of technology in recent decades, the ways of music production, marketing and distribution have been changed. It's impossible to bring out the numerous changes, so I'm going to point out only six major influences stated as follows.

First and foremost, in the music production aspect, the method of music recording has been improved. In the past, singers might have been required to finish the whole song without making any mistakes. Otherwise, they would have to record it once again, which is a highly time-consuming process. But now, musicians can cut the song into small parts and then use some high-tech software to edit them. This advancement not only comforts the production teams but also enhances the music quality. It is beneficial to the music industry.

Besides this, virtual musical instruments are commonplace. Buying an extensive range of high-grade musical instruments costs lots of money, which may increase musicians' financial burden. The advancement of technology contributes to more and more multi-functional programs. Some of them can generate realistic and similar sound effects to those made by quality musical instruments. Thus, there is no need to purchase lots of expensive equipment, and the production cost can be considerably lowered.



In the music marketing aspect, people in business can promote their products via different mass media, for instance, the Internet and TV advertisements. All the above methods can help traders reach their potential customers and excavate business opportunities because of their extensive coverage. It not only can bolster the sales but also can assist the music industry to earn more revenue than before.

On top of that, the advanced technology can push the implementation of individual marketing pattern. Nowadays, the well-developed technology allows people in business to get various first-hand data at a low cost. They just need to build up an information system so as to know more deeply about customers' favours, purchasing power and so on. After gaining some valuable details, producers can produce more appropriate and personal products for target customers. If the goods can adequately fulfil their unique needs, they will be more willing to buy. Gradually, the music industry's sales can be boosted.

Furthermore, in the music distribution aspect, the innovation of mobile apps eases the process. People can now search for their favourite songs through the browser, referring to the singers or the types of songs. They can start downloading music by just clicking a few buttons and sitting sedentarily in front of their personal computers. This convenience provides people with a great incentive to download more frequently. In the long term, it's advantageous for the music industry's sustainable development.

Last but not least, the popularity of social networking sites can speed up the transmission of music. Netizens only need to 'like' or 'share' a post, and then even people on the other side of the world can see it within a few seconds. Popular sites like Facebook and Weibo, which increase the conveying speed, are crucial to spreading music worldwide. This can help businessmen build up a positive reputation which is useful for the development of the existing music industry.

To conclude, we can see that technology contributes a lot to the music industry. Rome was not built in a day. We do need to thank the scientists for introducing advanced technology which facilitates our daily life. That's the end of my speech. Thank you for your kind attention.





English Masterpieces
Year 2014-2015



15

Let's be environmentally friendly!

3A Candy Poon Hiu Ching



Good morning, principal, teachers and fellow students.

It is my pleasure to present to you how to be environmentally friendly. There is no doubt that our environment deteriorates every day. Therefore, I am going to talk about the future of the planet if we do not protect it and the solutions.

The first point I want to show is many animals are becoming endangered and vanishing since their habitat is at risk. Just let me take polar bears as an example. Threatened by human carelessness and natural conditions, polar bears lose their opportunity to live. Also, it will form a vicious cycle. Every time human feel hot, they switch on air conditioners which produce loads of carbon dioxide. It destroys the atmosphere and the average temperature increases. If it continues, we will hurt



ourselves in the long term. Secondly, not only will we hurt ourselves, but we will also hurt our children. It is unfair for them to cope with the problems created by the previous generation. Therefore, rescue missions should be made compulsory as people of all ages from all walks of life should take responsibility for saving our precious habitat.

So what should we do to save the earth? The truth is that our mother nature is sicker than we imagine. At school, I believe that you have already learnt the 4R principle: Recycle, Reduce, Replace and Reuse. With knowledge, we can set rules to help ourselves to cultivate our habits. For instance, every time you leave your classroom, unplug the air conditioners, lights and projectors. It is a productive method to save electricity and raise students' awareness of protecting the environment. Besides that, I suggest that we should use both sides of the paper and throw it as garbage. Overcutting down trees, humans have already forgotten the importance of trees.

You can apply what you have learnt in school to your daily life. Currently, the government has set a levy on the use of plastic bags. It is a possible method to make citizens fully equipped with the basic concept of recycling and reusing recyclable materials. You will remember to bring your shopping bags when you go shopping. Also, you can draw more benefits by using more public transport instead of driving private cars. Not only is it good for your health, but it can also help people to have more fresh air.

Overall, saving our planet is everyone's responsibility. When it comes to responsibility, people will run away, but it is high time for us to change our attitude and take action. Just do not let yourself lag behind on rescuing the environment. To be or not to be, the ball is in your court. I hope you identify with my ideas and pay attention to saving our future. Thank you very much indeed!

16

Keeping animals in zoos

3A Cherry Chan Wing Hei





There is no doubt that keeping animals in zoos is a controversial issue as many people may think it is brutal of us to limit animals' freedom. In spite of this, I am positive about keeping them in zoos since animals can be well-protected. Keeping them in zoos can also help moving our society forward.

To begin with, unique or precious species can be maintained easily in this method. When they live in the wild, they tend to get hurt or be killed quickly by natural predators such as lions, tigers and so on. As a result, the number of these species will decrease. Worse, the problem of extinction may evolve. Conversely, this situation is avoidable if animals are kept in zoos. Hence, it is worth keeping animals in zoos for the sake of conserving the valuable species.

It is also beneficial for us to keep animals in zoos as it can help boost the economy. Not only can zoo animals provide entertainment to people, but they can also raise public awareness because of their adorable faces and behaviours. Because of this, zoos can have new attractions so as to attract more people to visit. As a result, profits can be generated, and local tourism can be motivated. In the long term, the economy can also be boosted.

Some people may argue that illnesses among animals may be widespread as zoo animals may face difficulties adapting to the particular environment. Indeed, there may be a wide variety of hardships, such as food and living conditions, zookeepers have to address. Yet, worrying concerns can be managed by scientists easily. For example, sicknesses among animals are curable. Nevertheless, if animals stay in the wild, they may be either killed or hurt by predators or even hunted by poachers. Thus, keeping animals in zoos can help animals prevent from facing the significant threat of living in the wild. It is worth keeping animals in zoos for greater protection of animals.

Taking all these factors into account, we can draw a conclusion that keeping animals in zoos is undoubtedly beneficial, so I hope more animals can live in zoos for the benefits of the animals and human beings.

17

Help Nepal earthquake

3A Chloe Kwan Hiu Lam





Good morning, Principal, teachers and fellow schoolmates,

Today, I'm going to give a presentation on the earthquake happened in Nepal on 25 April 2015.

As we all know, Nepal suffered from a natural disaster in April. The Nepalese government is devoted to doing the reconstructing work now. My brother, Chris Wong, went there to volunteer last month. He told me a lot about the situation of the Nepalese, the negative impacts brought by the earthquake was beyond his description, and I think that we must take action at once.

Firstly, many Nepalese people were injured from the quake, and they don't have enough savings to afford medical fees. Please imagine that if you were one of the victims and became disabled, how would you feel? Besides, heaps of Nepalese have become homeless. Therefore, they need financial aid for the reconstruction of houses and their future.

Secondly, the buildings got damaged in the aftermath, and the children there cannot continue with their education. Since the buildings were severely damaged and students can just stay at home. As a result, it makes children unable to be equipped with knowledge in this period. Therefore, they need money to rebuild their schools.

What's more important is that hygiene there has become worse. Many diseases have spread over Nepal, so they need money to find out the treatment to cope with those adverse conditions before it is too late.

Some people say that it is unachievable for them to donate a small amount of money to improve the situation of Nepal. Nevertheless, the truth is that if we work together, miracles will happen because our power is larger than what we imagine. You all should be aware of the importance of your assistance. With your help, I believe that environment in Nepal must be improved!

To sum up, we only have limited options. The ball is in your court! I believe that you all will opt for the best choice. Therefore, let's take action together before it's too late!

Thank you for listening attentively.

18

Cookathon of Love

3A Joan Ng Chung Wai



Recently, Yau Oi Community Centre held a cookathon to raise money for those needy. Through this fundraising activity, all the participants cooked fine cuisine and donated to disadvantaged groups. We hope that this event can improve their living.

Firstly, the benefit of joining the cookathon was to give assistance to people who are in need, especially the elderly. The aged receive a little amount of subsidies from the government each month, but there is not enough for them to have a good living condition. Therefore, this function must help those people who are suffering from poverty at the moment.

Another advantage of joining the cookathon was to deal with the problem of age discrimination. Many people think that the aged would not do anything since they are old. However, some older adults are more brilliant than teenagers because they have many life experiences. Therefore, it was meaningful for me to join the activity and hoped I could learn from the aged.



Some people argue that holding this kind of event once is not enough to give any help for the needy. However, I believe that through this, not only can we provide assistance to support those disadvantaged groups, but we can also raise people's awareness about the ageing problem in society. After participating in it, I hope I can be more generous with my family and also have a positive attitude about the elderly.

In conclusion, this fundraising cookathon is no doubt for all of you to participate because it can improve the needy's living standard and solve the issue of age discrimination.

19 Overprotective parents – like or dislike?

3A Kylie Fok Hei



I think overprotective parents are bad for children's development. Children who are protected by their parents don't know how to do housework, such as doing the laundry, or how to cook healthy food. Some children even don't know how to tie their shoelaces as they do not need to do it - their parents or helper will do it for them.

In the long run, having overprotective parents means children will not be able to stand on their own feet. They don't learn to take care of themselves. The only things that they focus on is academic success.

Some people might say that having protective parents will prevent children from being hurt by society. But I don't think this is true. Our parents are older than us, and when they die, they won't be there for us.

The best way to protect children, and give them a good future, is to let them learn how to take care of themselves. All in all, having overprotective parents is bad for children.

1 June 2015

Star Letter, Young Post, SCMP

20

Matilda – My ‘fun-reading’ experience

3B Shelly Wong Lai Ping



Matilda is an intelligent and extraordinary girl. However, her parents are terrible and don't realise how clever Matilda is. At her school, there is a marvellous teacher called Miss Honey and a horrible head teacher Miss Trunchball who hates gifted children. In the end, Matilda uses her superpower to give an unpleasant surprise for Miss Trunchball, and she gives Miss Honey's house back. Finally, Matilda could live in Miss Honey's house.

Matilda is self-assured and brave. When she argued with Miss Trunchball, she never scared. She looked straight at Miss Trunchball and spoke calmly. In the story, Matilda's father buys stolen cars. He paints a different colour, changes numbers, and sells them to people. At the end of the story, the police come to him. It shows that we must not get rich by being not honest or do anything illegally.

Moreover, the relationship between Matilda and her parents is not close. They have generation gap and don't understand each other. Her parents are ignorant and uneducated. They should give it a try to know each other. For instance, they should not just concentrate on the illegal business. Luckily, in my family, members are close to one another, and we always consider each other. However, teens nowadays focus on their mobile phones. It seems that they do not care about the family relationship. I hope that none of the families in Hong Kong will be the same as the Wormwoods.

To conclude, this is a book that no one should miss.

21

My Dream Job**6E Olivia Chan Yee Shan**

What career will you choose in the future? Most students are considering this question and I'm writing this article to discuss my dream job. Being an English teacher is my dream as it's meaningful for me to make a difference to others' lives. I'm going to talk about the advantages of being an English teacher.

In terms of the benefits of being an English teacher, the influence of English teachers to students is long-lasting, and may even change their lives. For example, English teachers help students to build up their foundation of spoken English by practising with them regularly. The students know how much effort their teachers have made and are influenced by their dedicated teachers. I hope I can use my talent and passion in English to help students to develop such determination so as to arouse their interest in learning English. I believe that English is really important as it is an international language, so I hope I can do my best to help them overcome the language barrier and connect to the world.

Apart from helping students, I believe English teachers can also contribute to society. What English teachers should do is not only educate the next generation but also train our future leaders. They are leading students towards success as they are the role models for students. For example, students can learn from their attitude and behaviour. I believe that English teachers also have a wide vision that can help students as they provide a wide range of experiences for them. It shows that English teachers can train students to overcome a chain of difficulties with their experiences and vision. That's why my mission is to contribute to society by training students to be future leaders.

Having discussed the advantages of being an English teacher, I really hope I can use my power to make a difference to others' lives. I hope you can also have seriously considered your dream job after reading this article.





English Masterpieces
Year 2015-2016



22 A Day Out with our GEO

1C Lucy Ng Mei Mei



Monday, 21st March 2016

Hi, buddy! Last Saturday, I went to The Peak Tower and Hong Kong Disneyland with Ms Alex and my family. We spent the day together and it was a positive experience.

At nine o'clock in the morning, we went to The Peak Tower. We took many photos. Many funny things happened. For example, Ms Alex had a wide variety of poses when she took photos with us. I asked Ms Alex how she felt about The Peak Tower. She answered, 'Oh, the scenery is spectacular; I can see the whole view of Hong Kong.'

At noon, we went to a popular destination in Hong Kong – Hong Kong Disneyland, which is located on Lantau Island. On the way, I talked to Ms Alex about Hong Kong Disneyland; she was very excited and hoped to arrive there immediately. After we arrived, we went on the roller coaster first. Ms Alex was over the moon and said she wanted to try it again. While she was saying this, she was like a little girl. I felt she was very cute. Then, we went on different exciting rides and she also said she wanted to ride them again.

This was such an unforgettable day!

23

International Save the Earth Week**3C Janice Yeung Hoi Lam**

Good morning, Principal, teachers and fellow schoolmates,

Today, I'm going to discuss what will happen if the environment is not well-protected and how students can conserve Mother Nature at home and at school.

Nowadays, environmental issues are always the talk of the town. Climate change has increased the global temperature, so the weather has become hotter and hotter. Ice caps are melting; polar bears are facing the risk of losing their habitats. Worse still, the endangered species are under threat of extinction. Heat waves are putting people in jeopardy. So, it is a fact that Mother Earth is SICK now! If we aren't aware of this burning problem now and don't take action to save the Earth immediately, I'm sure our planet will self-destruct.

The first issue we need to tackle is air pollution. Exhaust fumes from cars release carbon dioxide. Factories burn fossil fuels and create a lot of greenhouse gases. These combine to produce pollutants in the air, resulting in serious air pollution.

What this creates is the alarming problem of global warming. Our planet's temperature is on the rise. As I have mentioned, large ice caps are melting and the water level is rising rapidly. Besides, people always cut down trees which results in serious deforestation, which decreases the number of trees to process photosynthesis. More importantly, animals are losing their habitats.

In order to stop these things from happening, human beings have to take immediate action to protect our living planet. We can plant more trees or start recycling programmes at home and at school. We should use fans instead of air-conditioners and keep the room temperature at 25.5 degrees Celsius. What's more, we should use less paper to save more trees.

In addition, governments must take a stand. The government should hold more talks to raise people's awareness of environmental issues or set up a plan which can reduce the amount of carbon dioxide. For instance, there should be a Public Transport Day on Thursdays, where people should be encouraged to try public transportation, such as buses, LRT and MTR.

I believe that we can save our earth together if we work hand in hand. I trust our earth will become better and better in future if everybody shares a part of it. Thank you for your attention.

24

Adjust mindset to encounter my debut**5A Peter Chan Yu Hong**

‘The only thing to fear is fear itself!’ This quote from Franklin Roosevelt comes to my mind whenever I am frightened. Last Sunday was not only a rainy day, but it also was my band’s debut in Victoria Park. As the lead singer of the band, I was the key person, central to the whole performance. Hence, the existence of fear, which was driving me mad.

After adjusting my mindset, I was ready to light up the stage. In front of the concert stage, the seats were fully occupied. There was a vast audience and more spectators were expected to come. What an awesome scene it was! All of my buddies were inspired and I could tell that their confidence was rising.

Our debut started with our first song – ‘We are the Champions’, the Queen anthem. The audience was screaming crazily, which added to our excitement. The more energy we put into our performance, the greater was the response, despite the fact that some audience members were inciting conflict and causing the security team to eject the main trouble makers. At the end of our performance, people were clapping their hands and seemed to want more from us.

All In all, our debut was a success and we were impressed with ourselves. However, more improvement is needed in order to make it perfect especially the method of crowd control. Overall, we “kept on fighting till the end” and we deserved to gain praise from the audience!

25

Best show ever!

5A Kristy Poon Ka Ki





I am the lead singer in a band called ‘All For One’ and we held our first performance at a music festival in Victoria Park last week. This was one of the best performances of my life as it was the most enjoyable and memorable event ever. Also, I had an awesome day with the audience as well. Moreover, we tasted some food at the end of the carnival. All the above made me want to repeat the amazing event.

Before the performance started, I was very anxious and I had butterflies in my stomach. I was aware that I had never played a show before. My teammates cheered and gave a hug to me so that I could calm down. Teamwork is our spirit. We were preparing for the last rehearsal backstage when I saw that the line to the concert door was longer than I thought it would be. Some people were dressed in weird costumes and they were outstanding. On the street, there were some people selling fluorescent sticks, cheering sticks, banners and some snacks which smelled delicious. Then we started the concert.

When we walked on stage, people started yelling and shouting our band’s name. While we were singing our first song, the audience was shaking green, yellow and red fluorescent sticks, following the rhythm of the music. So we blew kisses into the crowd to respond to the adoring fans. What’s more, the weather was nice. It was neither hot nor cold, so it was perfect for an evening concert outdoors.

Before we knew it, the concert was over and my teammates and I praised each other for contributing to the show’s success. We interacted with some of our fans for a while, taking photos and signing autographs on CDs. Most of the audience just wanted to leave and some of them even started pushing each other to get out of that enormous stadium. Then we saw some attractive food carts. The smell was great. I quickly bought a bottle of water as my throat was dry from singing so many rock songs. My friends bought lots of food to satiate their hunger. Finally, my mom drove us back to the music company.

At this event, I experienced one of the most delightful and unique experiences of my life. I am looking forward to performing in concert again and can’t believe that we are shooting for fame.

26

Are online activities good or bad for us?**5B Ethan Lam Chun Kit**

In this technological age, the Internet and its associated electronic products have become more and more pervasive in our daily lives. Admittedly, they are convenient enough to meet our routine demands, but have you ever considered the impact they have brought to our daily lives?

To start with, a lack of communication with people has been created due to these online activities. A range of tools enables us to stay in touch with the virtual world; there are dozens of communication apps which claim that they can help you keep in touch with people from different locations while you are staring at your products on the MTR or on the streets. What online activities have produced is a situation where we are not able to communicate directly with others, no matter whether it is at a social event or at the workplace. People have little communication with



others. Eventually people will solely be the dummies of texting. In this case, do the communication apps really enable you to communicate with people and stay in touch with them?

Nonetheless, online activities cause people disruption. We are living in a world which emphasises freedom of speech as well as freedom of the press. These have ultimately infiltrated people's consciousness. When a news reporter releases an article about the obnoxious behavior of mainlanders, it always stimulates debate, with all parties having their own stance and always insisting that their stance is correct. They provoke others to prove them wrong. These counterclaims can lead to further disruption where the user might 'unfriend' and block netizens or friends because of these divided stances and opinions. As I have mentioned, continued disagreements can lead to intercommunication no longer being possible. This cracks their relationships eventually and not even a few stitches can repair the scars. Therefore, we can see how online activities affect the attitudes and behavior towards others.

To resolve this situation, we can first organise events for people, which offer a platform for them to engage with each other to a greater degree. Cell phones, where 'cell' actually means a prison cell, which means when you are holding a cell phone, you have already become a slave to it and it has trapped you, alienating you from your friends. Therefore, events like games, school fairs or conversations moments can be held to encourage people to put down their phones and speak more! We won't want to see a 'we don't talk anymore' situation in our society. Actually, what we need is, 'We need to talk more' instead!

Second of all, we should teach acceptance of difference. HK is a city full of freedom and diversity, where people with diverse views must learn to get along with others. We should learn not to be extreme or cause exasperation among people because of their differences. We should learn to listen to what others say and any debate should be gentle and polite.

In a nutshell, we might have been unconsciously affected by online activities, but what we really need to do is to fine-tune ourselves and try not to fall into the traps which the online world has set! We should use online communications wisely in different ways!

27

A green canteen

5E Jessica Chu Cheuk Ka





On behalf of the Students' Union, I am going to write a proposal with an aim to promoting a new Green Canteen. Now, I will discuss three new measures in different aspects.

Food Waste

Every day, Hong Kongers produce hundreds of thousands of kilogrammes of food waste. This takes a heavy toll on our landfill and really gives a beating to our environment. To alleviate this problem, I think our school could install some composting facilities to decompose food waste and convert the waste into fertilizers through the decomposition of micro-organisms. Why don't we give it a try? It is beneficial to both us and our environment and we can achieve a win-win situation.

Green Meals

In my opinion, to promote a healthy lifestyle and the importance of a balanced diet, our school should change the school canteen menu. Our school canteen mainly sells unhealthy food, such as deep-fried chicken wings and instant noodles. Even worse, student health is under threat. To tackle this problem, schools should provide a wide range of food that can be chosen by students. The cooking method should include steaming or stewing, instead of deep-frying. Also, in the meal, the proportion of vegetables should be greater than meat. I think this measure is acceptable since it can let the students realise the importance of being eco-friendly and they can maintain a healthy life.

Green Facilities

Apart from various measures about green meals and food waste, there are some advanced facilities to be considered. Solar panels should be installed so that solar energy can then be absorbed and then converted to electrical energy for canteen use. This can reduce the use of fossil fuel and cause less pollution. Besides, a cleaning system should be set up to collect all the dishes and wash them together in a short period of time. It can prevent the waste of water since water is precious for people who lack clean water every day.

To conclude, I hope that school can accept these 3 measures concerning the Green Canteen. We should take baby steps to change our daily habits and protect the environment.

28

The 'Cyber-effect'

5E Stella Chan Pui Man



What comes to mind when we mention the words, 'online' or 'internet'? Some of you may think of cyber crime, cyber bullying or a wide range of online activities. Now, I would like to discuss how seriously online activities affect the attitudes and behavior of people in their daily lives and suggest two solutions to this issue.

The first major problem is how online activities make people become terribly dependent on electronic devices, which affects their attitudes and behavior almost immediately. As technology keeps advancing, the use of gadgets is being maximised. We can finish the tasks at our fingertips. Also, we are never afraid of getting disconnected from friends as long as we have a cell phone in our hand. That sounds great, doesn't it? It is true that the advance in technology makes our daily tasks easier to accomplish but, at the same time, we are also losing the ability to get those daily tasks done slowly because we hold the attitude that it is the Internet's job, not ours, to do all these things. Thus, we have become more reliant upon our 'dear' internet, which may directly affect our learning attitude. We may lack the motivation to learn on our own. In a word, online activities should be something which inspires us, so that we learn to be not only a smart learner but also to avoid being a baby, assisted from step to step.



Another problem is that online activities have intruded into our lives and affected our mental health. There are various online activities including socialising and communicating with other users online. Engaging in social media, we are able to connect to our friends on social platforms, chatting and playing online games with them. The online activities take up a huge part of our social lives. Once the activities stop, many of us feel at a loss, feeling insecure and isolated. Take the Internet, for example, people are fully immersed in the joy of browsing the Internet; they trust everything on it and they treat it as a linkage between them and the outside world. Once the Internet is not in use, they feel like they have lost something very important as they have a heavy reliance upon the internet, thus making them feel disconnected, just like an astronaut in outer space. This feeling can result in depression. It is sad but true that online activities have a great power to affect us mentally and emotionally.

Although the problems might be already deep-rooted, I believe that we can get rid of them by taking baby steps to address this issue. There are two possible solutions.

Firstly, we should strike a balance between online activities and our own real lives. We need to have a clear mind so that what happens online is virtual and shouldn't spend most of our time on it. Instead, we should concentrate on our real lives. By adjusting the time of using electronic devices, I am sure that our reliance upon them will be greatly reduced. At the same time, we should also enjoy quality time away from electronic devices. With less time online, there is less chance for online activities to affect our mental and physical health.

Secondly, we should also try to widen our horizons by developing more hobbies and skills. If we had the desire to constantly improve ourselves, we would be better people; we would be more independent and awesome. With the development of a range of different skills, we wouldn't rely on the internet too much but would finish our tasks ourselves. We would find happiness and our social circles would also be enlarged. This is what life would be if we had first-hand experiences, not secondhand ones, where we would finish different tasks ourselves, not relying on the internet, but gain our own experience.

As Barack Obama once said, 'If you run, you stand a chance of losing but if you don't run, you've already lost.' We should take a step forward and make a change, the problems brought by online activities should not be underestimated. Otherwise, all of us will inevitably become victims of the "cyber-effect". Let's make a change now!



English Masterpieces
Year 2016-2017



29

So many perks in the wallflower being!

F.4E Denissa Leila Modin





This film is a Stephen Chbosky's 2012 masterpiece. After the success of his novel, 'The Perks of being a Wallflower', he also directed the movie inspired by it. It is a young adult movie, starring Logan Lerman, who became famous after his performance in Percy Jackson, Emma Watson, the well-known Hermione from Harry Potter and the talented Ezra Miller.

In this movie, we go back to the 90s, in typical middle-class America. Charlie is a 15-year-old boy who is going to start a new chapter of his life, high school. In middle school he was not what the others guys call 'popular', but he is now determined to start high school with a completely new attitude. Unfortunately, his introverted character and his shyness do not allow him to make a lot of friends. In fact the only friend he is able to make on the first day of school is Mr. Anderson, the English teacher. They surely share a passion for English literature. Once Charlie meets Sam and Patrick, though, his life tilts: loads of friends, parties, new experiences and also a view of his past that threatens to come back. With the help of his crazy, new friends, Charlie feels that he can finally become the person he was always wanted to be: just himself.

It is well worth seeing because of the great performances of all the cast and the wonderful job of the director. The movie also has a touching soundtrack that makes viewers remember this piece of art for a very long time. It is an impressive portrayal of friendship, teenagers' years, love, drug abuse and mental health problems. It can make you cry and smile at the same time.

I appreciate the film mostly because it has such a plausible plot. It is also because the viewers can feel all the emotions of the actors through the screen.

I strongly recommend this movie to all teenagers and adults. You can learn a lot from Charlie's experiences. Last but not least, on a scale from zero to five, I give this film five! The public will certainly want to watch this movie again and again.

30

When the burden of expectations is too much to bear**5A Carmen Li Yin Ting**

Nowadays, students need to bear lots of expectation from their parents and teachers. This phenomenon in turn produces more stress. A wide variety of reasons make students suffer from desperation or different kinds of mental illnesses. This is a worrying trend. Worst of all, some students may even commit suicide as a way to deal with their problems and stress. Let us dive into the problems to understand what makes them end their life.

Firstly, more and more parents want their sons and daughters to get higher marks in exams. Because of this, students must join tutorial classes and this makes them lose their freedom to relax properly. Students are at such a critical stage and no one is foolish enough to deny that students and teenagers enjoy having fun and free time with their friends, not simply spending all their time studying. Homework and different tutorial classes pile up; students have a lot on their plate. Tight schedules are a tall order for students to cope with. This phenomenon makes stress heap up and students cannot reduce the pressure, so when they lock their mind up, it is easy to understand why they choose to take their own lives.

Secondly, suicide is commonplace among students and teenagers. In this generation, students lack the skills to manage their own problems in this well-protected monster-parent world. Plus, they are losing their sense of worthiness too as they are born into this competitive environment. When a problem comes, they may not know how to deal with it. As a result, many give up or find other silly ways to help them to reduce pressure. Suicide is the most stupid way but, to teenagers who are yet to become mature, it is the easiest way to make all difficulties disappear. After one silly suicide victim commits suicide and gets published in a newspaper, many others follow.

To sum up, I want to tell everybody to cherish their lives. Everyone is valuable and everyone has a part to play to make the world a happy place. Please remember: extreme methods cannot help you to deal with your problems. There are many people who are just around to offer their helping hands to us!

31

Food donation network must be expanded**5A Terence Kwok Tang Mo**

The food waste problem is serious in Hong Kong. There is a large amount of food wasted every day. Therefore, we have to start to reduce food waste to make our diet sustainable.

Education is a way to have the public reduce food waste. Many Hong Kong people like ordering a lot when they are dining out with family and friends. However, usually the food cannot be finished at the end of the meal and it will end up as landfill. I know the government has done a lot to try to reduce food waste, educating the public to order just the right amount of food so that we can finish it and reduce food waste.

Not only should the government educate the public, but parents should also teach their children about this social issue. Parents should teach their children not to waste food starting from an early age. Consequently, children can understand the concept and consequences of wasting food and understand that dealing with food sustainability is all of our responsibility.

Food donation is also a way out to minimise food waste. I know some organisations like Food Bank collect unused yet edible food. The food comes from supermarkets, restaurants and private individuals. It is turned into nutritious meals for the poor and the needy. By doing so, not only can we reduce food waste, but we can also help those in need in our society – killing two birds with one stone!

I hope the amount of food waste can be reduced in the near future. Let us take up this responsibility together!

32

We need babies!

5E Ivy Poon Hiu Tung



Nowadays, South Korea is facing a low fertility rate. In fact, this problem is affecting our population as well, including the effect on employment and economic growth. As a result, the Korean government is going to rescue the economy by trying to raise the birth rate. In fact, our city is also facing the problem of an aging population so the HK government ought to address this issue and implement similar policies.

Saving money is one of the main reasons for lots of couples not giving birth in Korea. Actually, heaps of low-income families delay and even forego having children since they earn little money and don't want to invest most of their economic resources in their children's development. To be honest, rearing a child is not easy as there are many economic hurdles such as expensive tuition. Therefore, a lot of couples don't expect to have children. In short, serious economic pressure may be the main reason for Korea's low birth rate.



According to the news, the Korean government is pursuing a more comprehensive policy package aimed at lowering some of the barriers to childbirth. As you know, saving money is the main reason for Koreans not giving birth. As a result, if there is enough financial support, couples may consider having children. In fact, the Korean government has tried to pursue a policy which provides such support. However, the policy fails to sufficiently tackle the high economic hurdles. Therefore, the government is trying to give more support.

With the low fertility rate, Hong Kong is facing the problem of an aging population. I believe the Hong Kong government should put more resources into this area. As you know, people didn't mind having heaps of children in the past. However, citizens can't afford the cost of bringing up children nowadays so they only give birth to one or two children or even decide not to have a family at all. As a result, the aging population issue will become more serious in the future. In my opinion, the best way for the government to facilitate the problem is to give more support to families which have children. With the support, couples may consider giving birth to more children. Therefore, the population will be balanced so the problem of an aging population will lessen. To be honest, the aging population issue is growing more serious because of the low birth rate, and yes, it may be solved if the government puts more resources into this issue.

To sum up, economic hurdles are the reason for the low fertility rate in Hong Kong and Korea. As a result, providing more support and assisting citizens to overcome the economic obstacles associated with rearing children seems to be a feasible solution.

33

A letter to the editor**5E Austin Ho Tsz Hin**

Dear Editor,

I am writing in response to a recent government's policy furnishing each secondary school with a subsidy of HK\$200,000 for the development of their school-based STEM projects, which stands for Science, Technology, Engineering and Mathematics. From my point of view, it is not appropriate for the government to adopt such a policy.

Among all reasons why I frown upon this project, the foremost factor is that it contradicts the greatest prospect of education – students are capable of being well-rounded and versatile. In an attempt to offset a substantial cost of the policy, the Education Bureau has made a deplorable decision by reducing the annual reading grant to school starting from 2017. In this manner, hardly can schools keep the diversity of reading materials in various fields. Confined by limited resources, students will have less exposure to other categories of reading materials, be it fine art, literature or sport. With this in mind, rarely can it arouse students' interest, let alone magnetise them to develop further. Therefore, the proposal is contradictory to the anticipation of education.

Not only do the STEM subsidies impede the students' development, but it also creates an illusion that STEM outweighs language subjects. With the considerable funds laid on STEM projects, students may probably possess a misconception that



language subjects are not as significant as STEM. In this way, they place more emphasis on STEM and are ignorant of the importance of language. However, contrary to the thought, overwhelming courses in diverse universities take language into deeper consideration rather than STEM. As a result, it is not surprising that the policy may negatively mislead students.

Some may argue that the STEM subsidies may cater for the escalating number of STEM specialists desired in the foreseeable future as it is favourable to help schools provide students with a better condition to acquire knowledge of STEM. While it seems justifiable, we should take a glance at the present circumstances. As a matter of fact, many schools in Hong Kong have been achieving outstanding results in this area even in international competitions. It means that there are sufficient resources for common local schools to accomplish the hardships and garner exceptional achievement. Is it still necessary for the government to subsidise schools, regardless of the students' comprehensive development?

Instead of channeling more resources into school-based STEM projects, the government should organise more activities in this area, ranging from talks to competitions. It is believed that it may enhance the students' exposure to STEM, as well as stir up their interest in STEM. At the same time, it will neither deprive students of reading materials, nor will it lay excessive emphasis on STEM academically.

First and last, it is undesirable to see students have imbalanced development. In terms of students' interest, the STEM subsidies are not an effective tool at all times. It is hoped that the government may reflect on the repercussion of the subsidies and grant Hong Kong students a favourable learning environment.

34

There is now more political awareness

6E Crystal Fung Tsz Kwan





In recent years, more and more Hong Kong citizens, especially teenagers, have become more and more concerned about the current political situation. They are more likely to air their views through different means such as large-scaled demonstrations. In 2014, Standing Committee of the National People's Congress decided on electoral reform regarding the future Hong Kong Chief Executive and Legislative Council elections. The decision thus upset many Hong Kong citizens, including me. The public then demanded the Committee retract the decision. The Umbrella Movement was the ultimate by-product. Some people wisely triggered the movement and went on strikes to fight for the future of Hong Kong and the benefits of the next generation. Since then, more and more Hong Kong citizens, particularly teenagers, have become aware of power and politics.

Owing to the raising of political awareness, an increasing number of Hong Kong citizens voted on 3rd September which was the day of 2016 Legislative Council election. Since then, more and more citizens have had a greater sense of belonging to Hong Kong. Democracy has prevailed. They thought they needed to select the right candidates to voice their grievances. Many of them cast a vote on the day of election. The voting rate increased Incredibly. In Tai Koo Shing, the voting even finished after midnight. This reflects that Hong Kong citizens really wanted to make their voices heard.

However, things weren't as expected. The authenticity of election was a point of concern. A woman was allowed to show a photocopy of her identity card while casting a vote. How could this be tolerated? In this case, the government did not treat the election seriously. From the citizens' perspectives, the government is no longer trustworthy and disappointment and hatred is growing. To remedy the situation, the government should be more responsive to the citizens' needs.

For me, I am going to vote to express my views, since I will be 18 which is the eligible age to vote. I am determined to make a difference to the future of Hong Kong. Don't assume that one person cannot change anything and sit with the folded arms. Gathering many a person can be a great force for change. With the concerted effort of Hong Kong citizens, the government should notice the shortcomings and make concrete amendments. In a word, the heightened political awareness of Hong Kongers is really shaping the future of Hong Kong.

35

Organ donation

6E Christine Leung Ching Yan



After reading this news, I've realised organ transplants have become the only hope for some patients. Also, it can raise our awareness about organ donation.

From the news, I've learned that more than 70 local secondary schools will use Hong Kong's first organ donation teaching materials to boost donations. The materials were developed by the Hong Kong Organ Transplant Foundation from Form 4 to Form 6. The foundation's founding president, Dr. Kelvin Ho Kai-leung told us that education at a young age is important. Moreover, our city's organ donation rate has been ranked among the lowest in the world, with just 5.8 donors for every one million residents.

It's delightful that many students have reacted positively to these materials. They feel that the materials can heighten their awareness about organ donation. Actually, adding to their curriculum can also enrich their knowledge about organ transplants. Moreover, the new materials lets them get to know more about the issue from different perspectives. Most importantly, the materials can cultivate a great sense of compassion and sympathy.

However, due to the short supply of transplantable organs, two thousand local patients and their families have to wait desperately. While waiting for the transplant, they count their days in the face of death. How helpless and anxious they must feel! It is even more tragic if many patients die before finding the right organ match.

It is more blessed to give than to receive, so let's register as organ donors!



LUI CHEUNG KWONG
LUTHERAN COLLEGE
路德會呂祥光中學

35
ANNIVERSARY

